

# LOI ACADEMY **GLOBAL FINDINGS REPORT**

Presented by:  
**double pass**



Double Pass



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# FOREWORD

The development of young talent is central to any successful and sustainable football ecosystem. In recognition of this, the Football Association of Ireland (FAI) and the League of Ireland (LOI) have demonstrated a strong commitment to raising the standards of Talent Development by commissioning a comprehensive assessment of all LOI Academies. This strategic initiative aims to build a robust, performance-driven environment where the next generation of Irish footballers can thrive.

Double Pass is proud to have partnered with the FAI and the LOI on this important initiative. Through our structured process, we evaluated Academy operations nationwide, benchmarked performance against international standards, and identified both strengths and areas for development. The result is this Global Findings Report, which consolidates key insights and presents strategic recommendations to guide future progress.

These findings are not merely observations—they are a call to action. If embraced and implemented, the recommendations will contribute to raising Ireland's FIFA ranking, improving the European Club coefficient, and enhancing youth national team performance. Additionally, they are expected to increase the market value of players within the League of Ireland and strengthen the League's overall competitiveness.

We extend our sincere appreciation to all Academy staff, Club representatives, and FAI/LOI stakeholders for their openness and dedication throughout this process. Together, we believe these insights can serve as a foundation for long-term impact, positioning Ireland's Talent Development pathway among the most progressive in Europe.

The Double Pass Team



# FOREWORD

The publication of this Global Findings Report marks an important milestone for Irish football. For the first time, we have a clear, independent assessment of our Academy landscape, measured against international standards and best practice. This is not simply an evaluation of where we are today, but the starting point of a journey that can shape the future of our game.

The insights and recommendations within this report provide us with both a challenge and an opportunity. They shine a light on areas where we must improve, while also recognising the strengths and commitment that already exist within our Clubs and Academies. Most importantly, this report represents the beginning of something positive, a shared vision for how we can better support our young players, coaches, and Clubs. By embracing these findings and working collaboratively, we can build an Academy system that gives every young talented player the best chance to succeed, while strengthening the League of Ireland and, ultimately, the international standing of our senior Men's & Women's International Teams.

I would like to thank Minister Patrick O'Donovan, Minister Charlie McConalogue and the Department of Culture, Communications and Sport for their invaluable support and for providing the funding required to complete the audit. I would also like to extend our thanks to Paul McDermott and Nora Stapleton of Sport Ireland, for their assistance and expertise throughout this process. I also wish to acknowledge the team at Double Pass for their professionalism, our colleagues in the LOI Department and the FAI, and, most importantly, the Clubs, staff, and stakeholders who contributed so openly and constructively to this process. Your efforts underline the passion and dedication that drive Irish football forward and in years to come, we hope to look back on this process as the beginning of a bright new, successful era for Irish football.

Will Clarke

LOI Academy Development Manager





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# INTRODUCTION

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# INTRODUCTION

## ***PURPOSE AND OBJECTIVES***

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The purpose of this project is to provide a comprehensive and evidence-based evaluation of the LOI Academies and to define actionable priorities for the next four years of **Elite Player Development** in Ireland.

### **1. Assessment & Benchmarking**

- Evaluate the current performance of LOI Academies by conducting an independent assessment to establish a baseline of strengths and areas for improvements across all 26 LOI Academies.
- Enable data-driven decision-making beyond empirical observations, providing measurable insights.
- Provide a competitive advantage through international benchmarking.

### **2. Strategic Alignment & Future Planning**

- Define clear Elite Player Development objectives and priorities that align with the FAI's long-term vision.
- Establish long-term evaluation metrics for the next decade to track progress and guide strategy over the next decade.

### **3. Reporting & Delivery**

- Deliver a Club-specific “Findings Report” for each Academy audited, outlining key strengths and targeted recommendations.
- Deliver a “Global Findings Report” to the FAI, offering a holistic view of the Irish Talent Development Landscape.



# INTRODUCTION

## *SCOPE OF WORK*

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The scope of work encompasses the following activities:

**1. Standards and Criteria Development**

- Collaborate with the FAI's League of Ireland Department to refine and finalise the standards and assessment criteria to be applied across all LOI Academies.

**2. Independent Assessment and Benchmarking**

- Conduct independent assessments of all 26 LOI Academies.
- Benchmark findings against comparable Academies and Academy systems across Europe.
- Identify and document areas requiring improvement.

**3. Reporting and Presentation of Findings**

- Deliver a detailed "Findings Report" to each audited Academy.
- Present an overall consolidated LOI Academy "Global Findings Report" to the FAI.
- Present findings and recommendations to all relevant stakeholders.





## THE DOUBLE PASS TEAM, A SELECTION OF INTERNATIONAL EXPERTS



**Sander Van Praet**



**Jelle Van Camp**



**Joost Hendrickx**



**Koen Put**



**Hans Vander Elst**



**Anders Damsgaard**



**Szabolcs Csordás**



**Edouard De Pelsemaeker**



**Stanislaw Madej**



**Michelle Colson**



# PARTICIPATING ACADEMIES





# DOUBLE PASS CLUB MODEL

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# DOUBLE PASS CLUB MODEL

***SCIENTIFICALLY BASED AND PRACTICALLY PROVEN***

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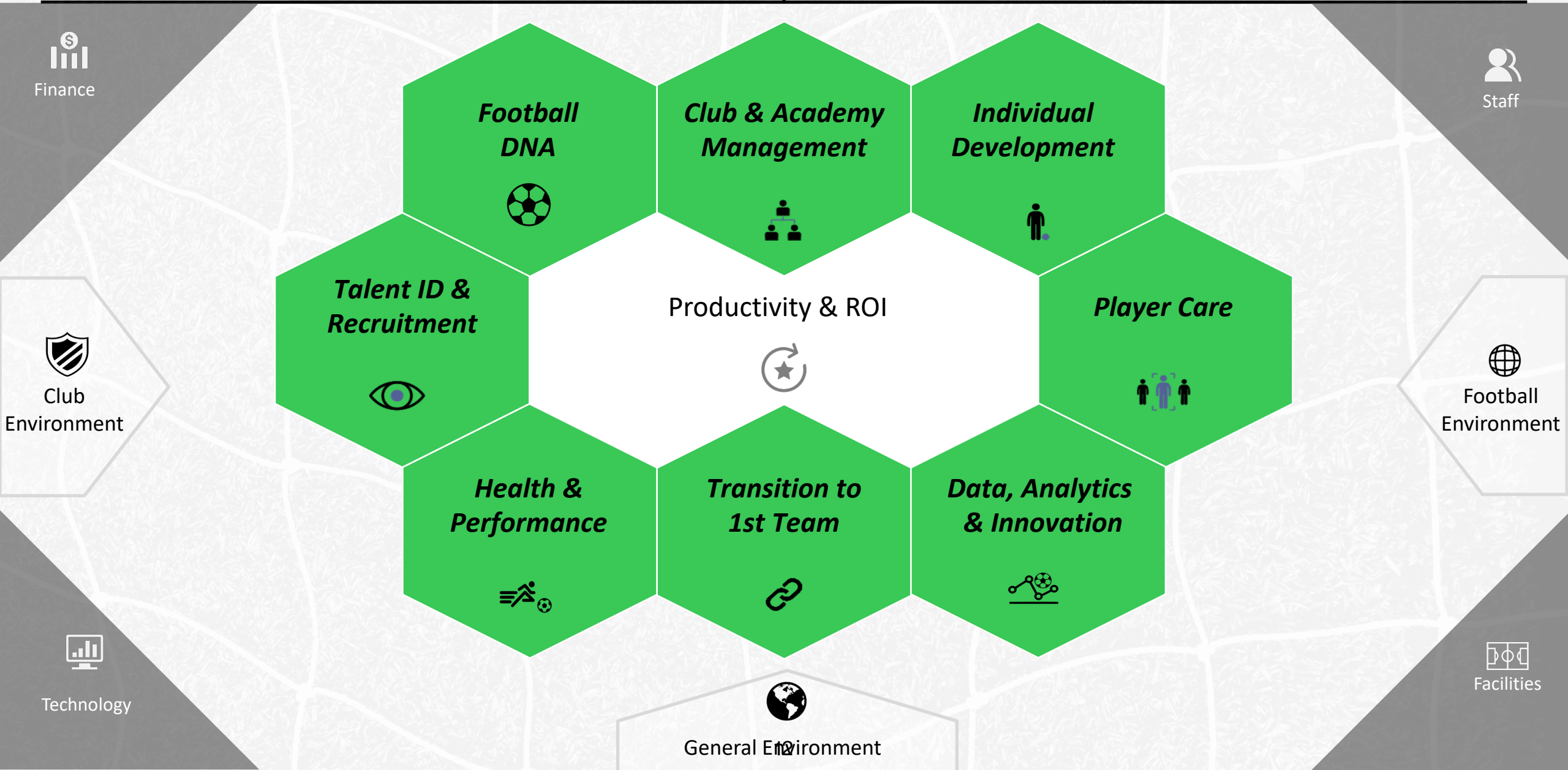
Our methodology is built on 20+ years of experience, the integration of global best practices, and has a solid scientific foundation: **THE DOUBLE PASS CLUB MODEL** functioned as the main conduit in the Project with the League of Ireland (LOI).

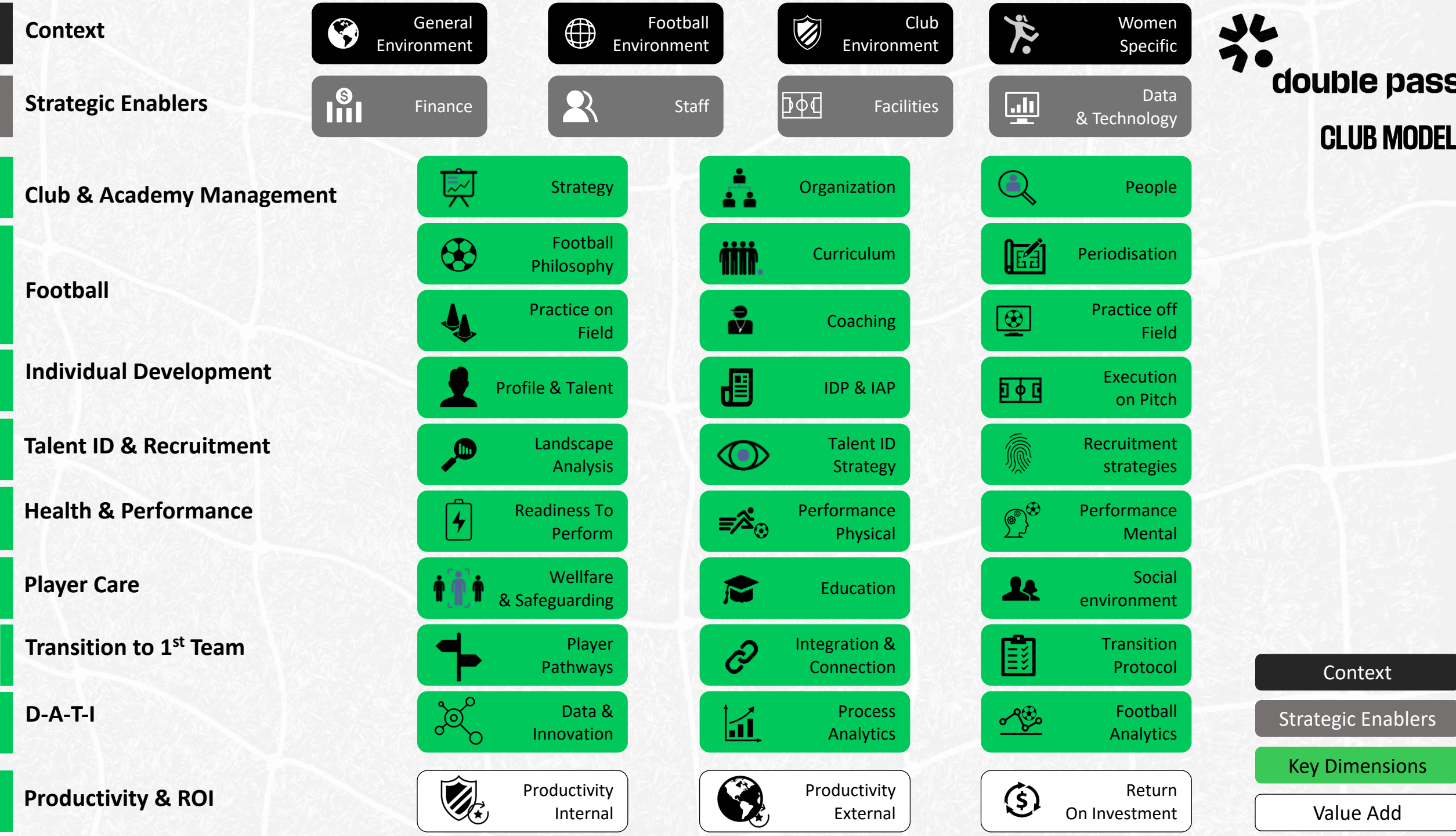
The Double Pass Club Model identifies the **Critical Success Factors** (CSFs) essential for an effective Talent Development System, alongside **Key Performance Indicators** (KPIs) used to measure the productivity and efficiency of a Youth Academy. It examines both management and football-related processes, on and off the pitch, through multiple perspectives.

What makes the Model unique is its **combination of scientific research and real-world application**. The methodology applies a **triangulation of diverse data sources**, including documentation and data analysis, standardised interviews, surveys, tagging of training sessions, and coach behaviour assessments. These inputs are processed through **proprietary algorithms**, enabling the delivery of robust international benchmarks across all levels.

The Model's scope is comprehensive, covering every element from financial and strategic planning to on-field practice. For each assessment, these dimensions are **operationalised through standards and criteria**, ensuring a deep and precise evaluation of Academy operations and outcomes.









# METHODOLOGY & APPROACH

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# METHODOLOGY & APPROACH

## ***COSTUMIZATION OF CLUB MODEL***

The Double Pass Club Model has been **carefully redefined and adapted** to reflect the specific dynamics of Irish football, developed in close collaboration between the League of Ireland (LOI) and Double Pass. This joint effort has resulted in a **comprehensive and context-specific Assessment Model** designed to capture the realities, challenges, and opportunities unique to Irish Academies. The model is not only built on international best practices, but also incorporates the cultural, structural, and operational nuances of the Irish football landscape, ensuring that the assessment process delivers relevant, actionable insights for sustainable Elite Player Development.

The key Areas of Focus are:



**STRATEGIC  
ENABLERS**

**MANAGEMENT**

**FOOTBALL**

**SUPPORT**

**PRODUCTIVITY**





## Strategic Enablers



Facilities



Staff



Data  
Analytics

## Management



Strategy



Organisation



People



Football  
Operations

## Football



Football  
Philosophy



Team  
Development



Individual  
Development



Practice  
on Field

## Support



Health &  
Performance



Talent ID &  
Recruitment



Player Care

## Productivity



Transition to  
First Team



Productivity

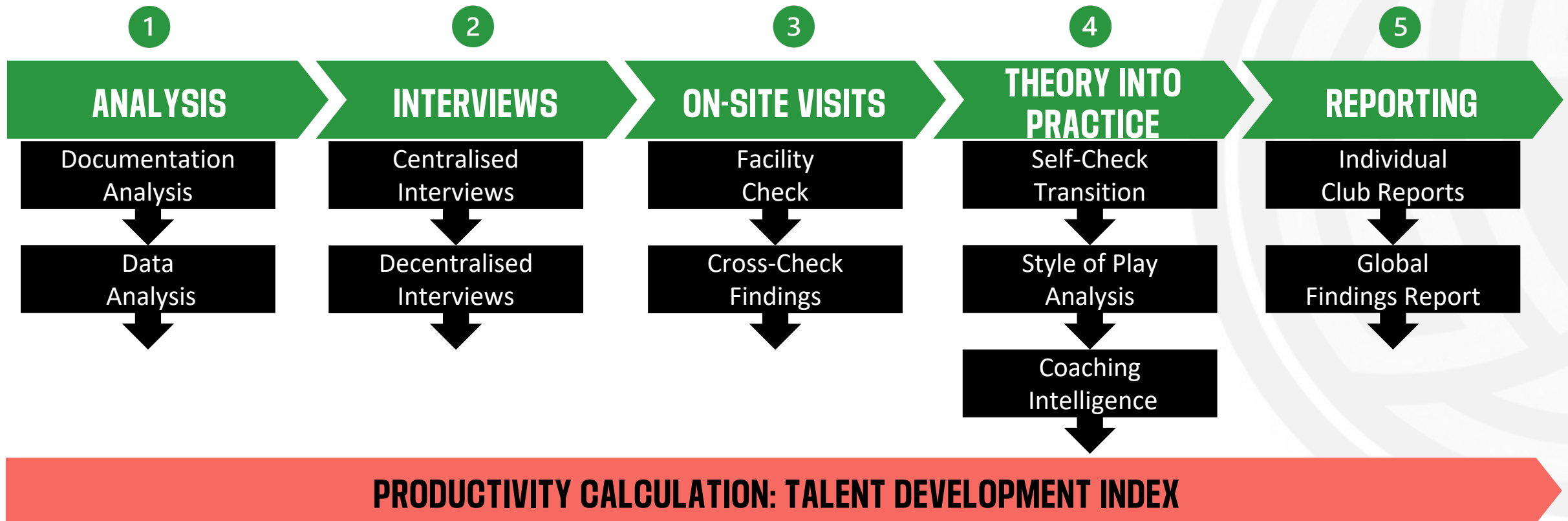
Data FAI

Self Checklist



# METHODOLOGY & APPROACH

## *STRUCTURED AND MULTI-FACETED PROCESS*



# BENCHMARKING & INSIGHTS

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# BENCHMARKING & INSIGHTS

## *INTRODUCTION*

This section of the report presents a benchmarking analysis of League of Ireland (LOI) Academies against international standards. The data was sourced directly from Club-submitted files (Club ID). Insights reflect each Academy's self-reported structure and operations.

The comparison includes both **male and female** pathways and is structured across three tiers:

- **LOI Academy Average:** Aggregated data from all participating Academies.
- **Top 3 LOI Academies:** Academies with the highest number of YNT selections over the past 2,5 year (Bohemians, Shamrock Rovers, and St Patrick's Athletic)
- **International Double Pass Benchmarks:** Average results from the best-performing Academies according to Double Pass standards in nations ranked 1–20, 21–50, and 51–100 by FIFA.

To interpret the data:

- Each metric is presented as an average within its group.
- Comparisons are made across equivalent categories to highlight relative strengths and gaps.
- International benchmarking age groups: U6–U11, U12–U15, and U16–U21 are followed to ensure consistency and comparability.

This layered approach supports a clearer understanding of how LOI Academies perform globally and helps identify opportunities for strategic development.





# NUMBER OF TEAMS

## COMPARING LOI PLAYER PATHWAYS AND TEAM PROVISION WITH INTERNATIONAL BENCHMARKS

### Teams

Number of teams by age group and performance tier

Age	AVG LOI-FAI		TOP LOI-FAI		FIFA TOP 1-20		FIFA TOP 21-50		FIFA TOP 51-100	
	♂	♀	♂	♀	♂	♀	♂	♀	♂	♀
U9	0.2	-	1.0	-	2.1	-	2.5	-	2.3	-
U10	0.2	-	1.0	-	2.0	-	2.1	-	2.0	-
U11	0.3	-	1.0	-	1.9	-	1.8	-	2.2	-
U12	0.2	0.1	0.7	-	1.8	2.9	1.9	2.4	2.1	1.5
U13	0.4	0.2	1.0	-	1.5	2.6	1.5	1.8	1.8	1.5
U14	1.0	0.1	1.0	-	1.4	2.4	1.9	2.2	1.7	1.3
U15	1.0	0.1	1.0	-	1.3	1.9	1.4	1.7	1.6	1.2
U16	-	-	-	-	1.2	-	1.4	-	1.5	-
U17	1.0	1.0	1.0	1.0	1.1	1.8	1.3	1.3	1.5	1.1
U19	-	1.0	-	1.0	1.1	2.1	1.4	1.3	1.1	1.2
U20	0.9	-	1.0	-	1.1	-	1.3	-	1.3	-

### LOI Academies have a narrower player base than International benchmarks

Across all ages, LOI field fewer teams per Club, limiting opportunities for participation and progression.

### Female Player Pathway is underdeveloped

Absence of female teams before U12 and low numbers thereafter show a significant structural gap compared to International standards.

### Male pathway is consistently below global benchmarks

Even in the U12–U15, LOI male team numbers trail International top-tier averages.

### Early engagement and inclusivity need priority

Addressing the low early-age participation, especially for girls, would help build a stronger, more sustainable talent pipeline.



# PLAYER – COACH RATIO

## ASSESSING COACHING COVERAGE IN LOI VS. GLOBAL NORMS

### Player/Coach Ratio

Player/Coach ratios across age groups comparing LOI-FAI averages and FIFA world-ranking tiers

Age	LOI AVG		LOI TOP 3		FIFA TOP 1-20		FIFA TOP 21-50		FIFA TOP 51-100	
	♂	♀	♂	♀	♂	♀	♂	♀	♂	♀
U9	5.8	-	5.8	-	9.4	-	11.2	-	12.6	-
U10	6.3	-	6.5	-	9.6	-	10.7	-	13.2	-
U11	6.7	-	6.3	-	10.3	-	10.5	-	13.0	-
U12	6.7	7.0	5.8	-	11.0	10.8	11.7	10.8	13.1	10.9
U13	7.0	7.0	5.0	-	11.4	9.8	12.4	11.4	14.4	11.2
U14	5.6	8.0	6.0	-	11.2	10.9	13.1	10.7	13.8	12.7
U15	5.9	9.0	7.0	-	11.9	10.5	13.8	11.0	14.4	12.0
U16	-	-	-	-	11.1	-	12.9	-	12.1	-
U17	6.3	9.6	7.6	-	12.2	7.2	12.2	5.9	10.9	10.9
U19	-	7.4	-	-	11.1	10.6	12.7	9.7	13.3	13.0
U20	5.9	-	6.0	-	11.1	-	12.7	-	13.3	-

LOI Academies report significantly lower player-to-coach ratios than International benchmarks across all ages and both genders - often nearly half the International levels.

Volunteer-heavy staffing likely explains much of this difference; while it increases the number of coaches on paper, these may not all be delivering structured sessions at the same standard or frequency as professional staff.

The numbers on paper may not reflect the daily operational reality on the pitch - actual session ratios could be higher if volunteers are not present at every training session or match.

Female pathway ratios follow a similar pattern where reported, but early-age data is missing, reflecting the limited female participation at younger ages.

International benchmarks indicate larger squads per coach, suggesting different coaching models, possibly with higher coach qualifications and a more centralised training structure.

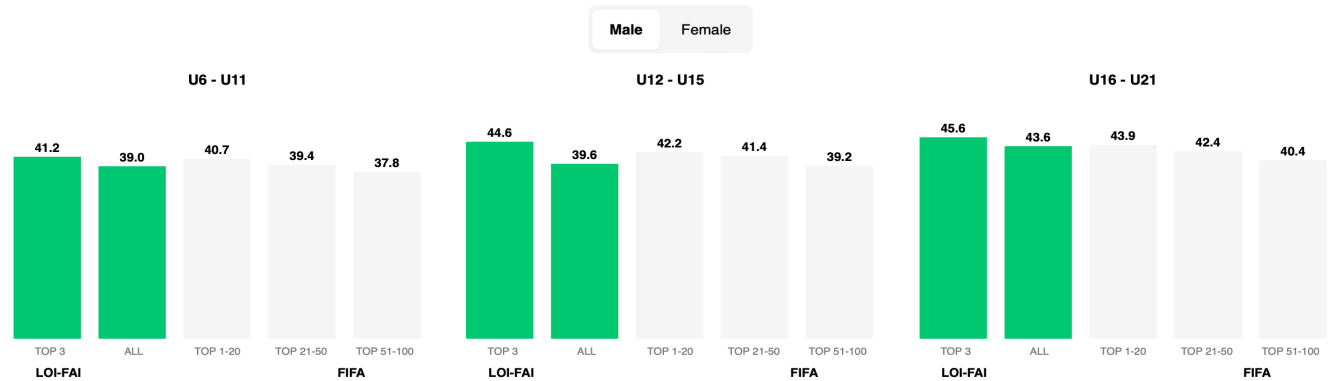


# NUMBER OF TRAINING WEEKS

## COMPARING LOI ANNUAL TRAINING CALENDAR TO INTERNATIONAL STANDARDS

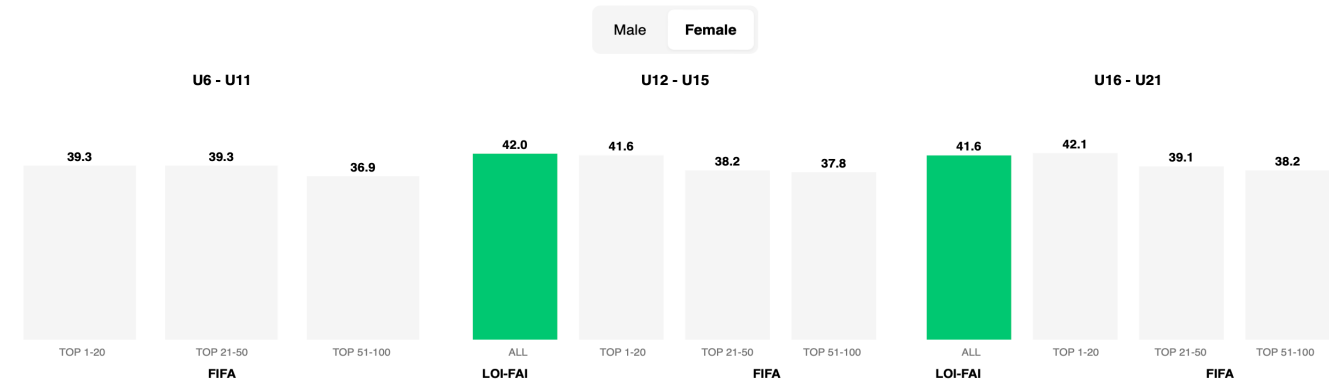
### Training Weeks Per Year

Annual count of training weeks shown for three age brackets (U6-U11, U12-U15, U16-U21) across LOI-FAI and FIFA benchmark groups.



### Training Weeks Per Year

Annual count of training weeks shown for three age brackets (U6-U11, U12-U15, U16-U21) across LOI-FAI and FIFA benchmark groups.



LOI Academies maintain a high number of training weeks per year across all age groups, often matching or exceeding International benchmarks.

For males\*, LOI averages range from **39.0–45.6 weeks**, which is on par with or slightly above International standards of **37.8–43.9 weeks**.

\*(5 LOI Clubs have an U11 team; 3 of them also integrate U8-U10 of which 1 Club starts as young as U6.)

For females, LOI also equals or outperforms International benchmarks in all age categories, with a narrow range of **41.6–42.0 weeks** compared to International's **36.9–42.1 weeks**.

This consistency suggests strong year-round programme continuity in LOI Academies for both genders, providing comparable or greater training availability than in benchmark nations.



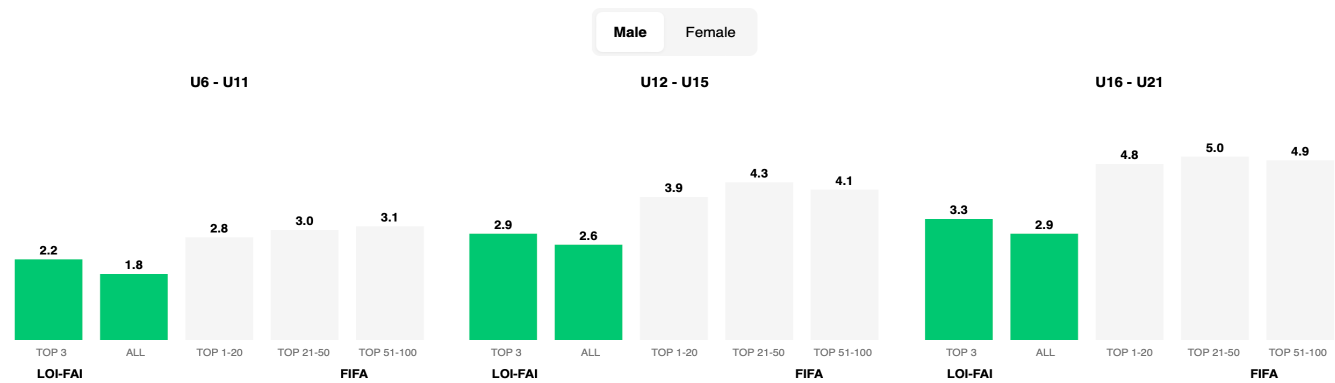


# NUMBER OF TRAINING SESSIONS

## REVIEWS WEEKLY TRAINING PROVISION AGAINST INTERNATIONAL BENCHMARKS

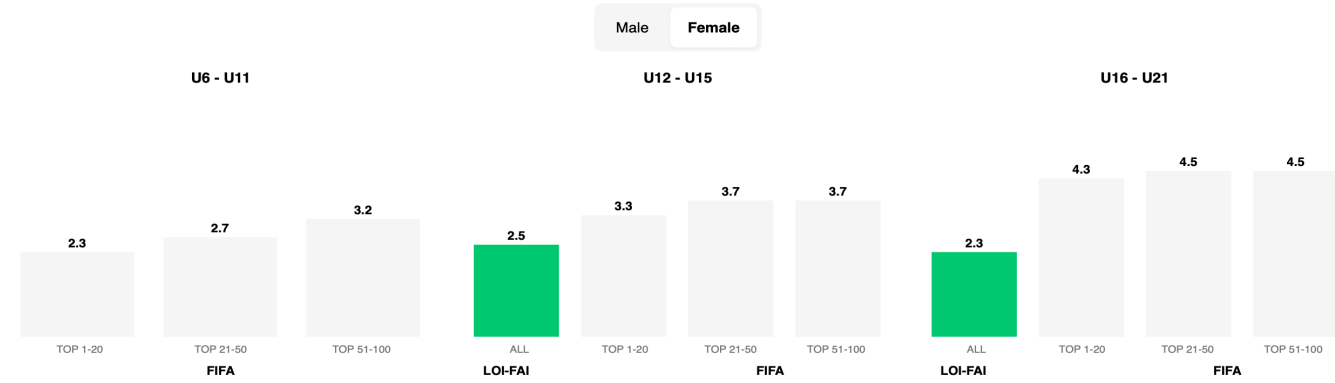
### Training Sessions Per Week

Average number of weekly training sessions plotted for the same three age brackets and benchmark groups.



### Training Sessions Per Week

Average number of weekly training sessions plotted for the same three age brackets and benchmark groups.



LOI Academies show consistent training frequency across age groups for both males and females, indicating a stable approach to weekly planning.

For males in U6–U11\*, LOI training volumes are slightly below International benchmarks but remain in a comparable range (No data available for females in this age group).

\*(5 LOI Clubs have an U11 team; 3 of them also integrate U8-U10 of which 1 Club starts as young as U6.)

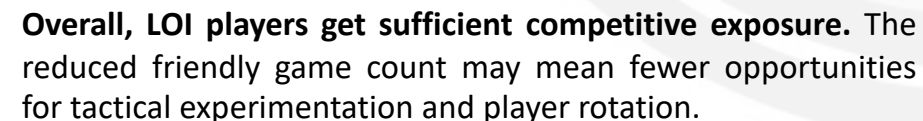
From U12 onward, the gap with International benchmarks grows, especially in the older age groups. By U16–U21, other nations average around 5 sessions per week compared to 3.3 for LOI males and 2.3 for LOI females.

While the **Foundation Phase (U6-U11)**, operated by a small number of Clubs, is reasonably aligned with International norms, the **Youth Development and Professional Development Phase** in LOI train at a lower weekly frequency, which limits long-term player development.



## COMPARING MATCH VOLUMES, COMPETITIVE AND FRIENDLY, WITH INTERNATIONAL LEVELS

Solid fill for Competitive, diagonal-hatched pattern for Friendly games

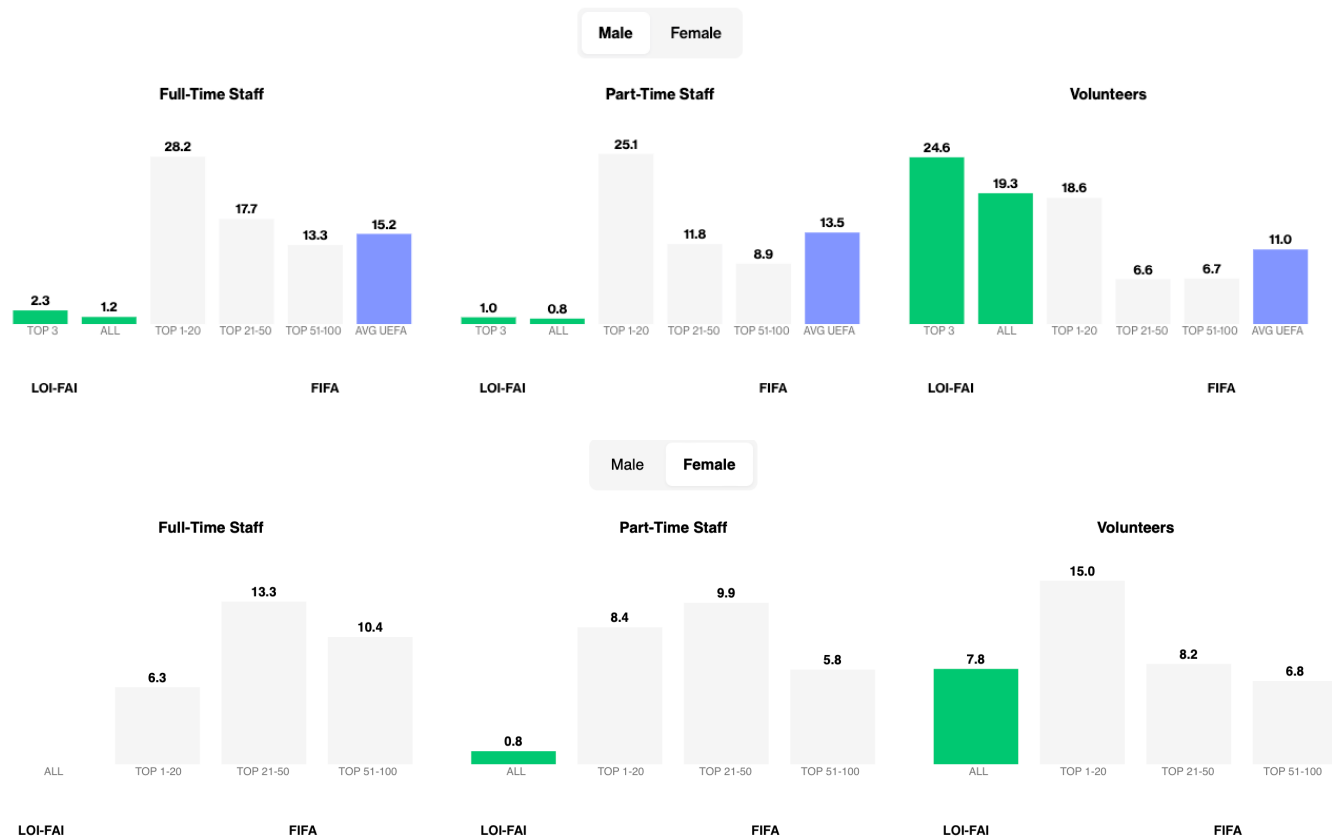


# STAFF

## ASSESSING LOI ACADEMY STAFFING VERSUS INTERNATIONAL BEST PRACTICE / TOTAL

### Staff: Total

LOI-FAI categories (TOP 3, ALL), FIFA categories (TOP 1-20, TOP 21-50, TOP 51-100, AVG UEFA)



LOI Academies report significantly **lower total staffing levels** than international benchmarks. On average, LOI Academies (boys) have 1.2 full-time and 0.8 part-time staff per Academy, with the top 3 slightly higher at 2.3 full-time and 1.0 part-time. In contrast, international benchmarks show much higher figures.

Particularly for staffing in girls' Academies: FIFA top 1–20 Academies report 6.3 full-time and 8.4 part-time staff, while LOI Academies report 0.8 part-time staff on average.

**Volunteer reliance** is also notable. LOI top 3 Academies report 24.6 volunteers, compared to 11.0 in UEFA averages and 18.6 in FIFA top 1–20 Academies.

These figures suggest that LOI Academies operate with **lean professional staffing and rely heavily on volunteer support**, which may limit capacity for consistent delivery and long-term development planning. Scaling up professional staffing would help align LOI Academies with international standards and support more sustainable operations.





# STAFF

## ASSESSING LOI ACADEMY STAFFING VERSUS INTERNATIONAL BEST PRACTICE / CORRECTED

### Staff: Corrected

Staff to team ratios across benchmark categories



LOI Academies report **low staffing levels** compared to international benchmarks, especially when adjusted for team structures. Most Clubs operate four boys teams and two girls teams, with just one Club starting girls at U12.

Staffing figures should be read per team group: per four teams for boys, and per two for girls. The top 3 LOI Academies show lower per-team staffing, as two of them run more than four boys teams, stretching their staff across a wider base.

This highlights the **need for scaled staffing** as team numbers grow, both in the male and the female pathway, to match international standards and ensure consistent support.

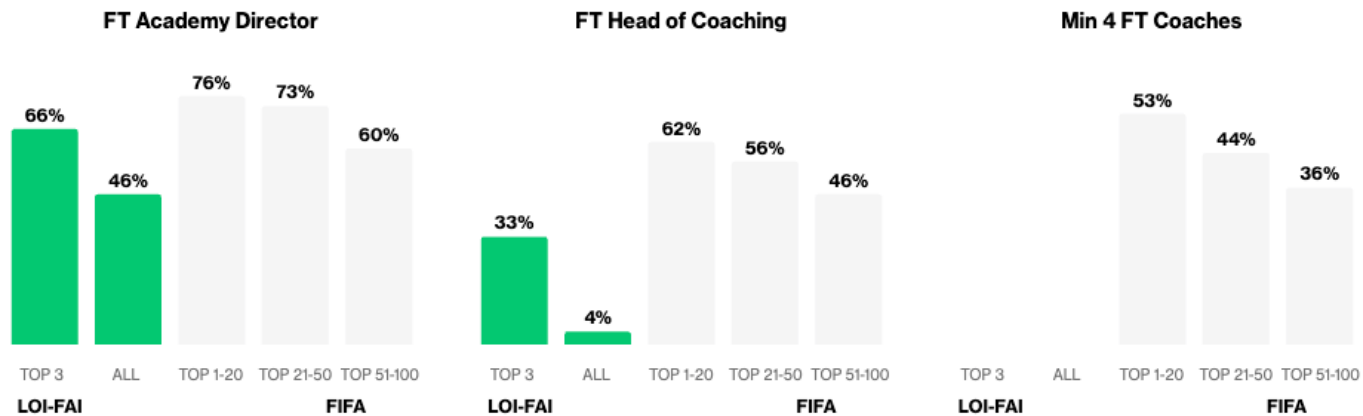


# STAFF

## ASSESSING LOI ACADEMY STAFFING VERSUS INTERNATIONAL BEST PRACTICE / STAFF STRUCTURE

### Staff Structure

Staff Structure Benchmarks: LOI-FAI vs FIFA World-Ranking Tiers



LOI Academies report significantly **lower total staffing levels** than international benchmarks.

While in two out of three LOI top 3 Academies there is a **full-time Academy Director** appointed, the average drops to 46% of LOI Academies with a full-time Academy Director.

The **full-time role Head of Coaching** is established in 62% of FIFA top 1-20 Academies and in 56% of FIFA top 21-50 Academies, while only one LOI top 3 Academy has the role in place.

None of the LOI Academies currently has four **full-time coaches** in place.



# FACILITIES

## EVALUATING LOI INFRASTRUCTURE AGAINST INTERNATIONAL BENCHMARKS

LOI Academies lag behind International benchmarks in several key facility areas.

**Centralised training centres** are available at all LOI Top 3 Clubs (100%) but only 58% across all LOI Academies, well below International Top 1–20 nations (86%).

**Minimum two-pitch provision** is broadly in line with International averages (77% LOI vs 76–79% International). It needs to be mentioned that not at every Club the Academy has the priority use over all pitches.

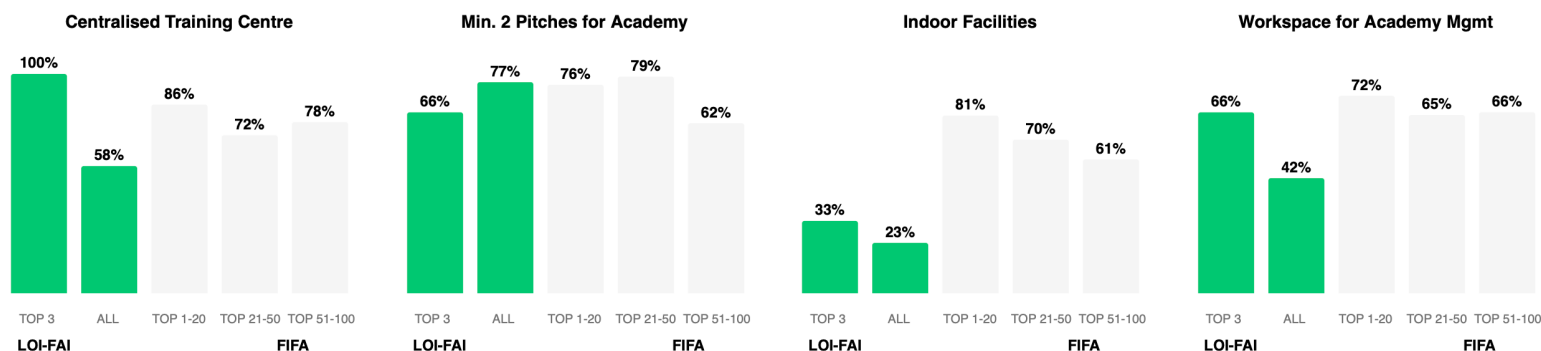
**Indoor** facilities are a major gap—only 23% of LOI Academies have them compared to 61–81% in International benchmarks, limiting year-round training options.

**Workspace for Academy management** is present at just 42% of LOI Academies, compared to 65–72% in other nations, affecting operational capacity.

**Overall**, LOI infrastructure is trailing global standards and in need of strategic facility investment.

### Facilities

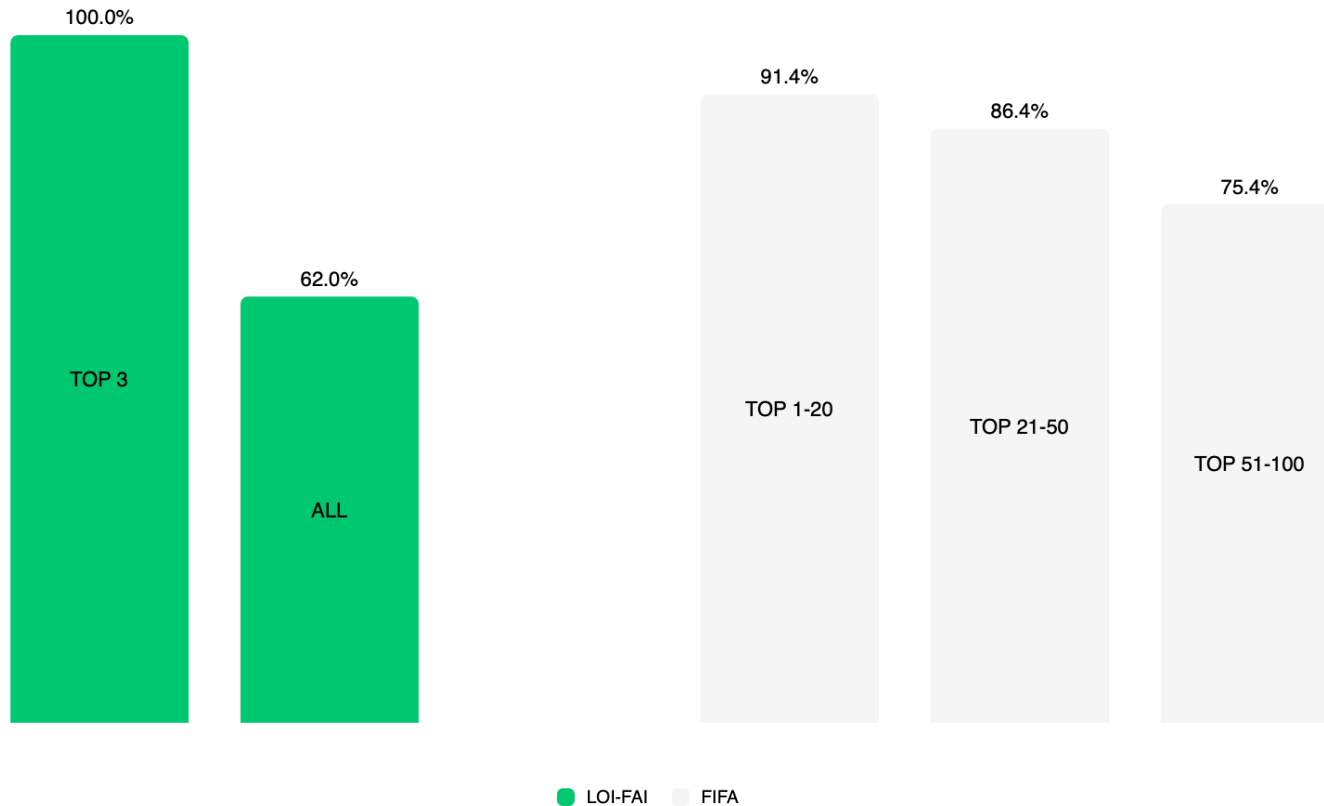
Facilities Benchmarks: LOI-FAI vs FIFA World-Ranking Tiers





# STRATEGY

## SHARED VISION REGARDING TALENT DEVELOPMENT



**LOI Top 3 Clubs all report having a fully shared vision** across their Academy structure (100%), which exceeds the International Top 1–20 benchmark (91.4%).

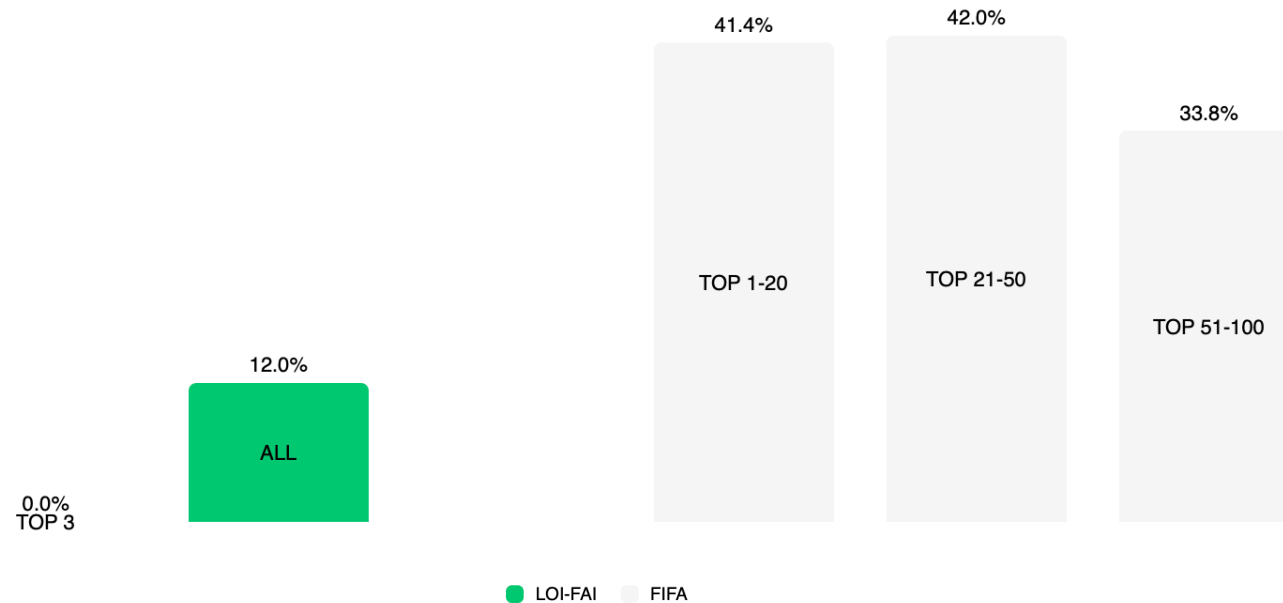
**Across all LOI Academies**, the figure **drops to 62%**, significantly below International averages (75.4–91.4%), showing inconsistency in strategic alignment across the League.

This suggests that while the leading LOI Academies operate with strategic clarity regarding the role of Talent Development, many others still **lack a fully embedded shared vision**, limiting cohesion in long-term player development.



# ORGANISATION

## *ACADEMY MANAGEMENT REPRESENTED IN THE TECHNICAL BOARD*



**Academy representation in the Club Technical Board is very limited** in LOI Clubs—0% for the Top 3 and only 12% across all Clubs.

This is well below international benchmarks, where representation ranges from 33.8% (Top 51–100) to 41–42% (Top 1–20 and Top 21–50).

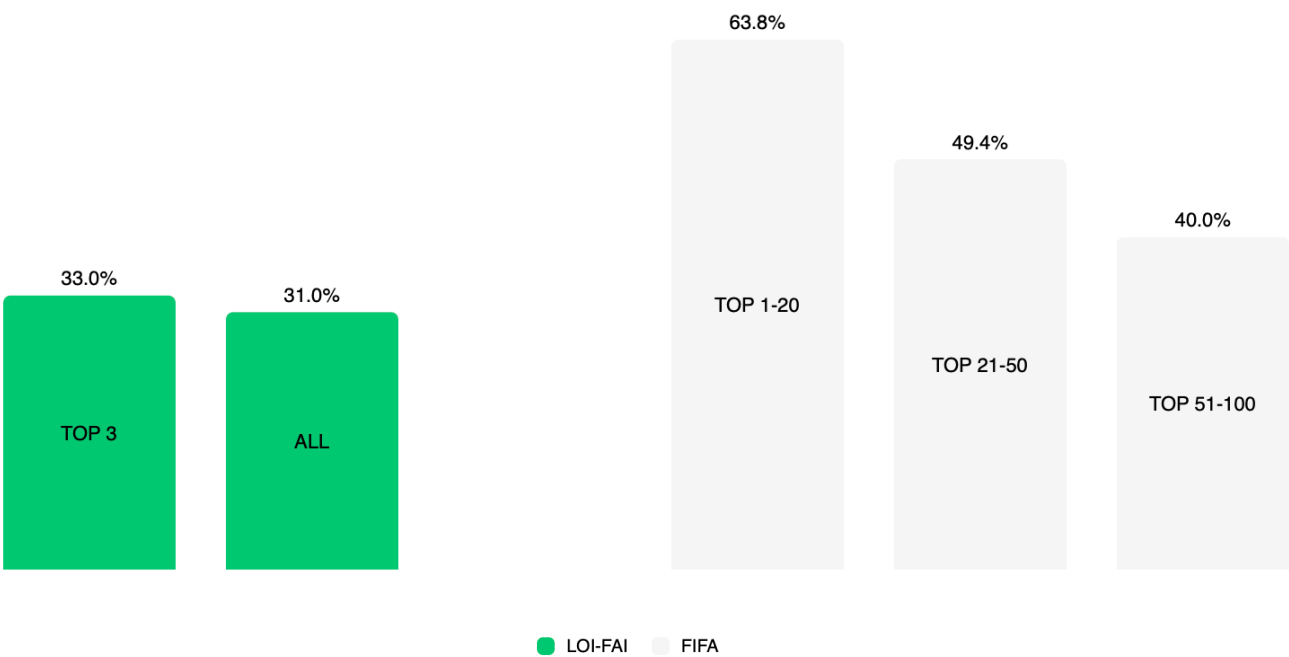
A contributing factor is that **many LOI Clubs currently do not operate a formal technical board**, meaning Academy perspectives are often absent from high-level football decision-making structures.

The lack of formal representation risks weakening the link between long-term player development and senior football strategy.



# FOOTBALL PHILOSOPHY

## STYLE OF PLAY OF THE CLUB



Only around one-third of LOI Academies have a clearly defined Club style of play—33% for the Top 3 and 31% across all Clubs.

This is well below International benchmarks, where 40–64% of Clubs have a documented and shared style of play, with the highest rate in the Top 1–20 nations (63.8%).

A clearly defined style of play is essential for aligning Academy development with first-team football, ensuring consistency in player profiles, tactical understanding, and long-term Club identity.

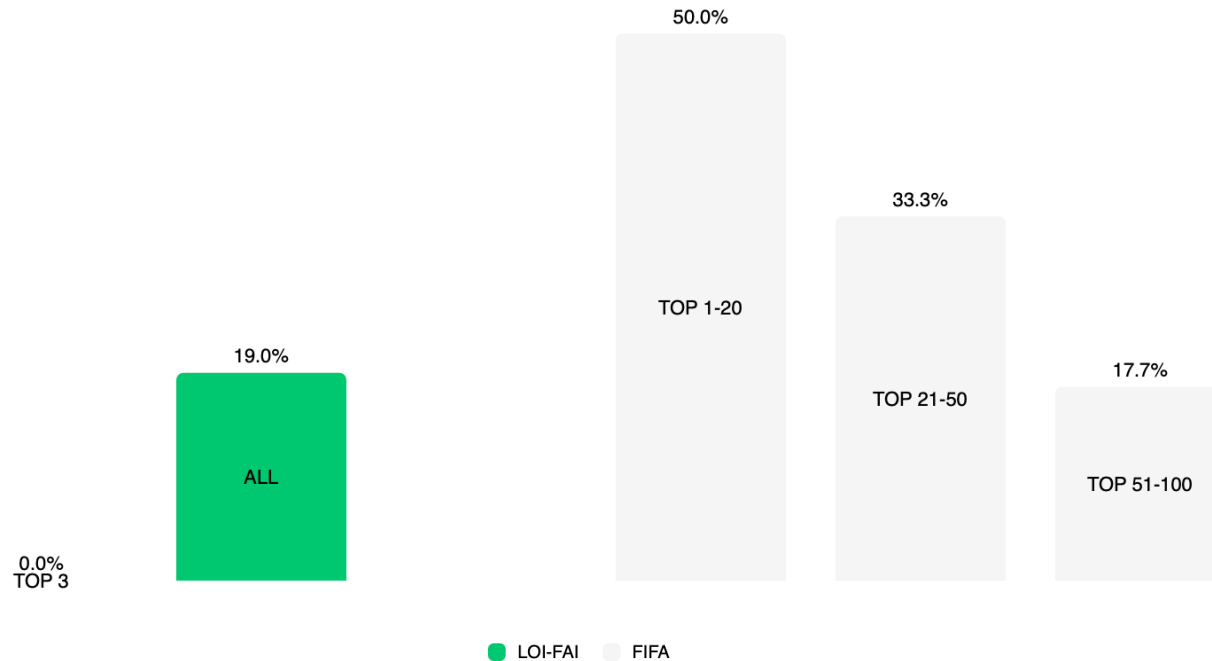
The current gap means that many LOI Clubs risk developing players without a clear tactical framework, potentially weakening the transition to senior football.





# TEAM DEVELOPMENT

## STRUCTURED CURRICULUM PER PHASE



Only 19% of LOI Academies have a structured curriculum for each development phase, with 0% of the Top 3 reporting one in place.

Internationally, the prevalence is notably higher—50% in the Top 1–20 nations and 33% in the Top 21–50, even in the lower-ranked group (17.7%) it is comparable to LOI’s overall figure.

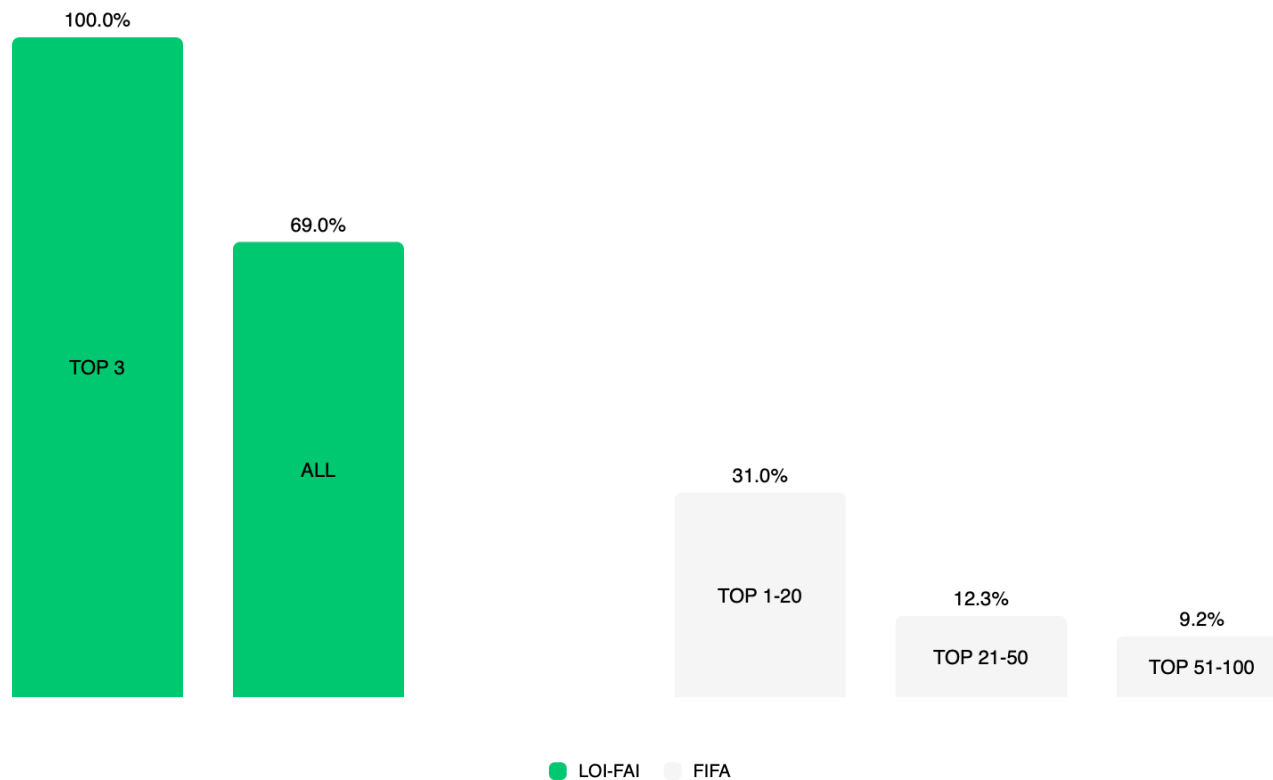
The absence of a structured curriculum in most LOI Academies suggests a lack of formalised, phase-specific planning, which can lead to **inconsistent player development** experiences and gaps in skill progression.

Implementing a curriculum for each phase is critical to ensure continuity, age-appropriate coaching, and alignment between Academy stages, ultimately improving the transition to senior football.



# INDIVIDUAL DEVELOPMENT

## INDIVIDUAL DEVELOPMENT PLANS



LOI Academies perform strongly in the use of Individual Development Plans, with 100% of Top 3 Clubs and 69% across all Clubs implementing them.

This is **substantially higher than international figures**, where usage ranges from 9.2% in the Top 51–100 nations to 31% in the Top 1–20.

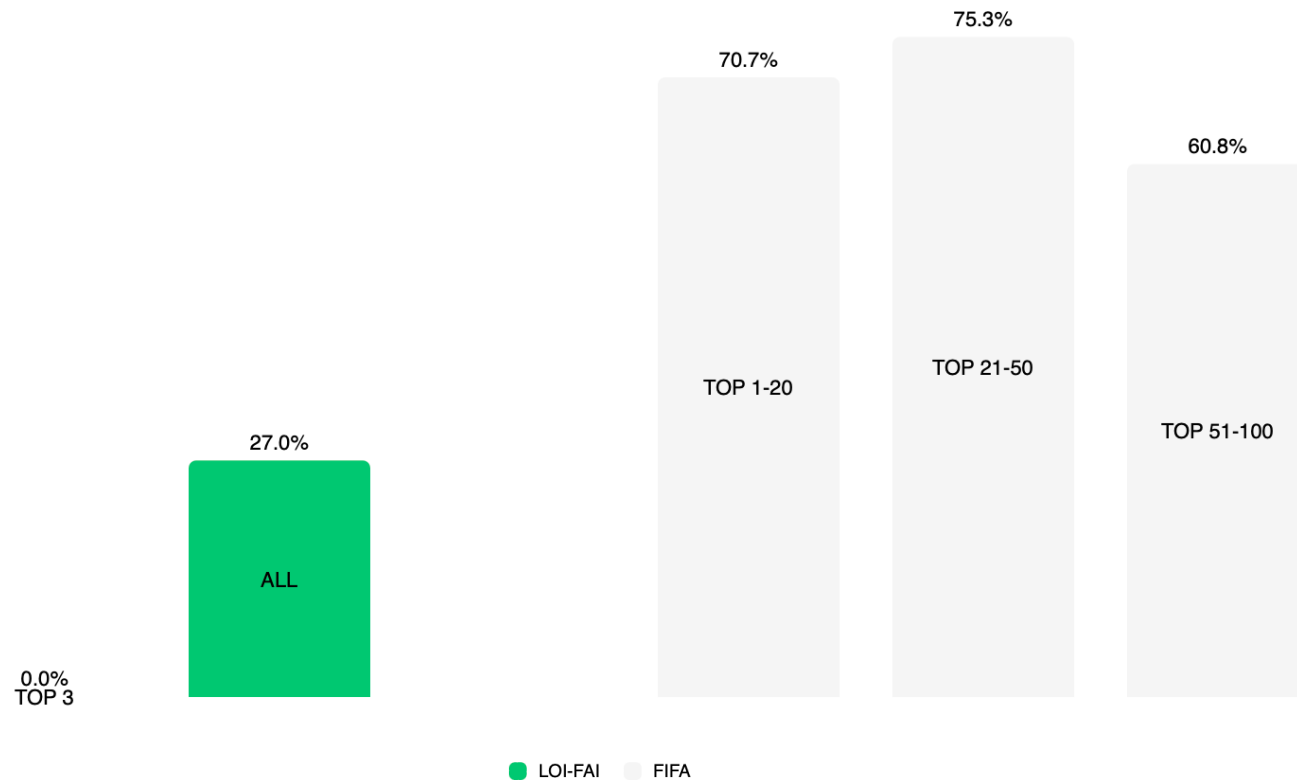
The widespread use of IDPs in LOI indicates a strong commitment to personalised player development, enabling tailored objectives and monitoring to support each player's growth.

However, the gap between the LOI top performers and the overall average suggests that IDPs are **not yet a consistent feature across the LOI system**.



# INDIVIDUAL DEVELOPMENT

## EFFECTIVE IMPLEMENTATION



While 69% of LOI Academies report having Individual Development Plans in place (and 100% of the Top 3), **only 27% of Clubs effectively implement them** on the pitch.

This **gap between theory and practice** contrasts sharply with international standards, where IAP implementation rates are significantly higher—60.8%–75.3% across ranking tiers.

The **absence of Individual Action Plans (IAPs) in the LOI Top 3 (0%)** suggests that even at the highest-performing Academies, IDPs are often not fully translated into structured, actionable steps during training and match environments.

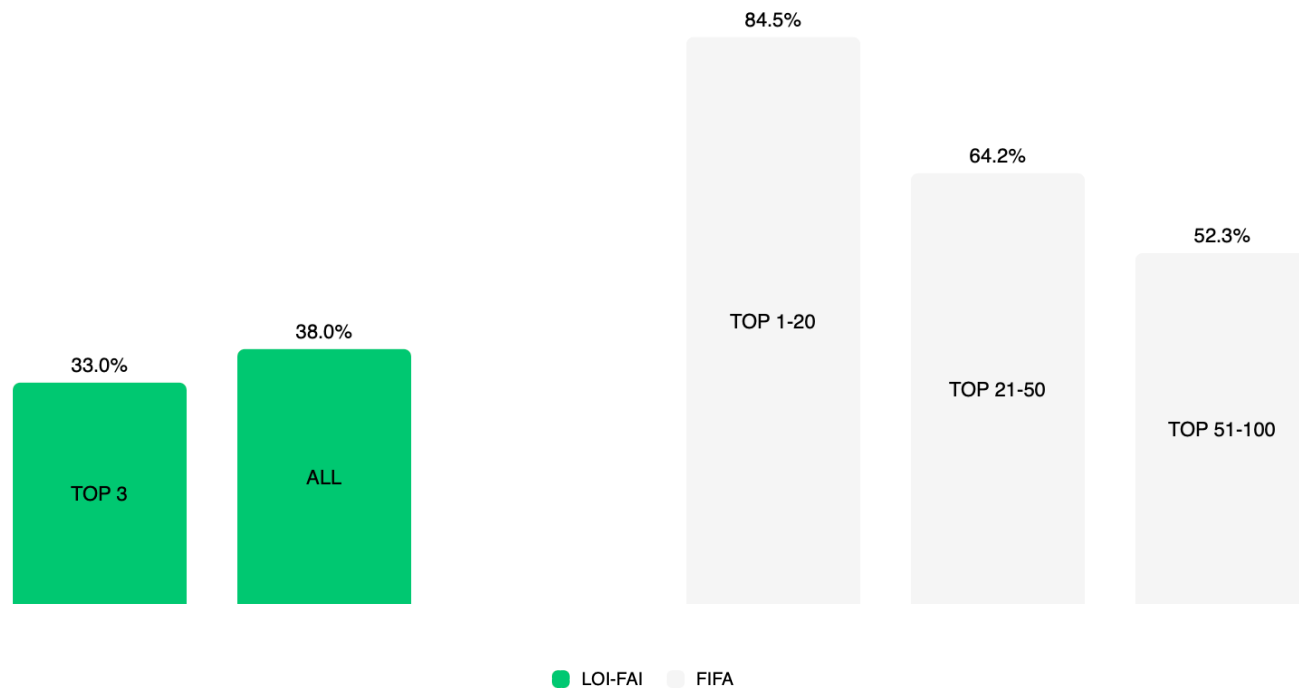
Without consistent IAP delivery, IDPs risk becoming administrative documents rather than active tools for player development, limiting their real-world impact on performance and progression.





# TALENT IDENTIFICATION & RECRUITMENT

## STRATEGY FOR TALENT IDENTIFICATION & RECRUITMENT



Only **38% of LOI Academies** have a defined strategy for talent identification and recruitment, with the Top 3 Clubs slightly lower at 33%.

This is **significantly below international levels**, where adoption ranges from 52.3% in the Top 51–100 nations to 84.5% in the Top 1–20.

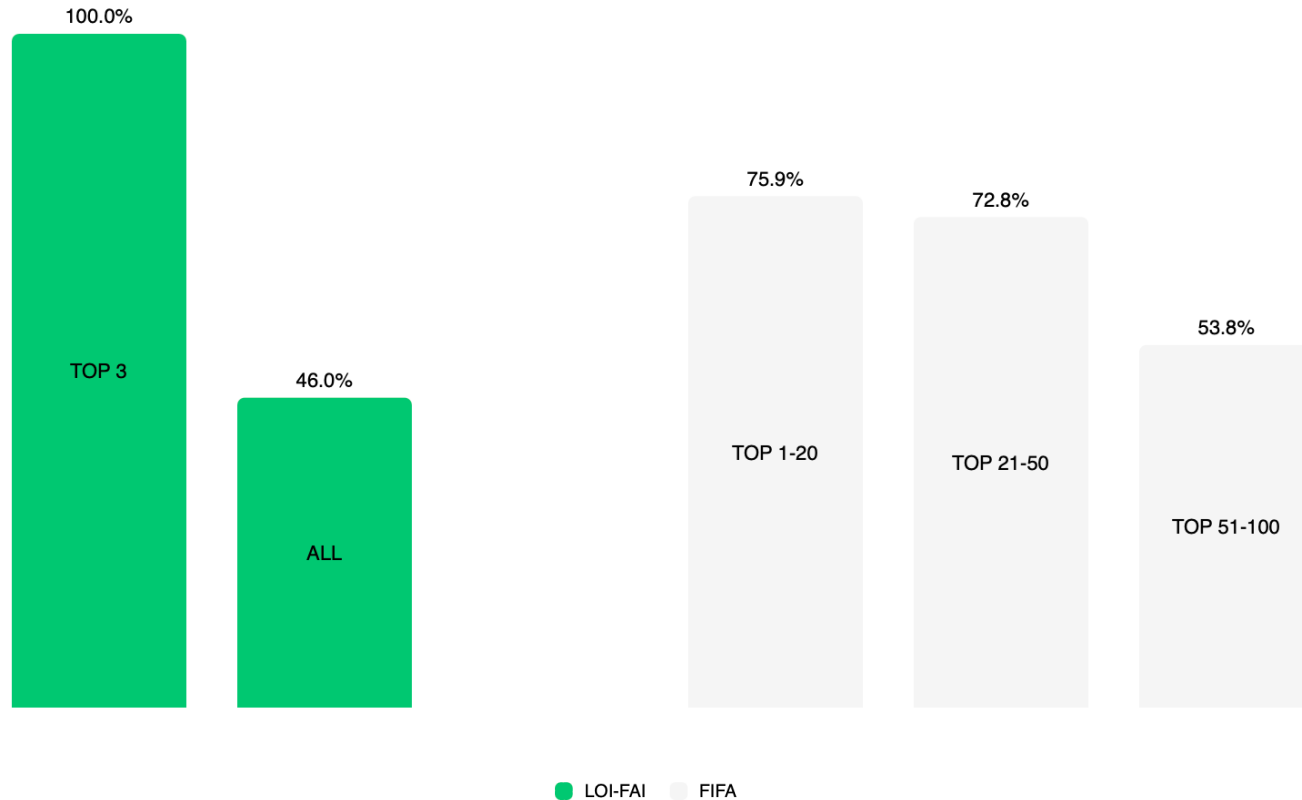
The gap suggests that many LOI Academies operate without a fully structured, long-term recruitment framework, which may limit their ability to consistently attract and retain top local and regional talent.

Strengthening strategic planning in this area could improve scouting efficiency, expand reach, and create a more sustainable player pipeline in line with leading international practices.



# PLAYER CARE

## *LIFE SKILLS PROGRAMMES*



While **100% of the Top 3 LOI Academies** integrate life skills into their programmes, the figure **drops to 46% across all LOI Clubs**.

This is notably **below international levels**, where implementation ranges from 53.8% in the Top 51–100 to 75.9% among the Top 1–20.

The high commitment from the leading LOI Academies demonstrates that life skills provision is achievable, but the limited uptake elsewhere suggests a lack of standardised integration across the League.

Expanding life skills education—covering areas such as personal development, career planning, and mental well-being—would align more Clubs with international norms and help prepare players for life both inside and outside football.



# STRATEGIC RECOMMENDATIONS

double pass

double pass



# AREAS OF FOCUS

*BASED ON INTERNATIONAL BENCHMARK AND AUDIT FINDINGS*

6



50

Areas of focus

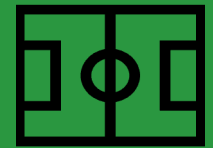
Recommendations



Governance &  
Regulations



Competitions &  
Pathways



Infrastructure &  
Digitalisation



Workforce  
Development



Football Philosophy  
& Talent ID



Elite Player  
Development



double pass



# GOVERNANCE & REGULATIONS

## *KEY RECOMMENDATIONS*



### 1. Further Strengthen Football's Position in a Competitive Sporting Landscape

Design and execute targeted strategies to attract and retain talented young players within the League of Ireland.

### 2. Clarify Governance Roles Across the Ecosystem

Define and communicate clear roles and responsibilities for player development amongst all football stakeholders to reduce fragmentation.

### 3. Strengthen Club and Country Collaboration

Reinforce structured collaboration mechanisms between the League of Ireland and the FAI to drive alignment on national football development priorities.

### 4. Enhance Club Licensing Criteria to Strengthen the Integration of Academy Players

Expanding the Club licensing requirements to include specific criteria for youth integration will strengthen the structural commitment to talent development, ensuring a more consistent and supported transition of Academy players into senior squads.

### 5. Establish a Quality Assurance System to Classify Academies by Development Standards

Install a licensing or certification framework that defines clear performance standards for elite Academies. Use this system to stimulate investment in Talent Development and reward high-performing training environments, while continuing to support emerging Academies.



# GOVERNANCE & REGULATIONS

## *KEY RECOMMENDATIONS*



### 6. **Launch a Benchmarking & Monitoring Mechanism**

Regularly benchmark Academy performance against national and international standards to identify gaps, stimulate accountability, and foster a culture of continuous improvement.

### 7. **Supplement Grants with Targeted Support**

Move beyond providing financial grants by offering hands-on technical and operational support to Clubs, tailored to their developmental stage and specific needs.

### 8. **Establish Technical Boards Within Clubs**

Support Clubs in setting up Technical Boards that include both Academy and 1<sup>st</sup> Team representation to align development pathways.

### 9. **Create a LOI – Strategic Development Department**

Establish a Strategic Development Department within LOI that will drive long-term growth, innovation, and alignment with organizational objectives.

### 10. **Implement a Long-Term Strategic Planning Framework for Academies**

Require each Academy to develop a long-term plan with measurable KPIs linked to player production and Return On Investment.



# GOVERNANCE & REGULATIONS

## *KEY RECOMMENDATIONS*



### **11. Introduce Two-Year Player Registration Periods**

Introduce two-year registration terms to reduce the emphasis on recruitment and encourage long-term Player Development.

### **12. Review the principle of Domestic Training Compensation**

Review the current Compensation Model to ensure that it that recognises and rewards Clubs based on their certified commitment to Talent Development and player progression.

### **13. Enable and Regulate Academy Contracts**

Empower Clubs to offer formal Academy contracts to youth players. This includes standardised contract templates, parental consent protocols, and alignment with national labour and child protection laws.



# COMPETITIONS & PATHWAYS

## *KEY RECOMMENDATIONS*



### **14. Pathway Design – Full Pathway Control**

Work gradually to holistic pathways within the Academies, ensuring player development from a younger age. Emphasis on the importance of a collaboration network between Academies and grassroots Clubs.

### **15. Expand Age Group Inclusion**

Extend the Academy system to include training and development programmes for talented young players from the age of 12 (boys & girls).

### **16. Limit Player Drop-out Before MU17**

Establish an MU16 squad in all Academies to create a more complete player pathway.

### **17. Advance the Women and Girls' Football Development Pathway**

Ensure there are equal opportunities for talented young female players by implementing an WU15 squad in all Academies for girls.





# COMPETITIONS & PATHWAYS

## *KEY RECOMMENDATIONS*



### **18. Diversity in Games Programme**

Broaden the variety of opposition, competition formats, and playing environments within the Academy games programme. With an emphasis on the expansion of the cross border games programme and additional development events.

### **19. Optimise Competition Formats**

Standardise national competition formats aligned with certification frameworks, balancing competitiveness and Player Development. Promote a “best vs. best” development model by exposing top talents to competitive and meaningful matches.

### **20. Investigate the implementation of MU14 in MU15 Games**

Implementation of three periods supports minimum playing opportunities per player and accelerates learning and holistic player development.

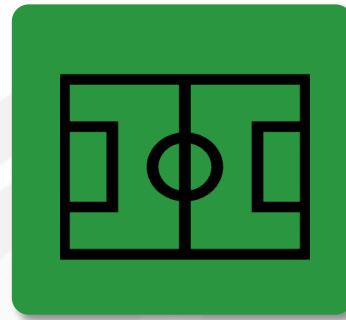
### **21. Revise the MU17 and MU20 Competition Format to Prioritise Development**

Redesign the structure of the MU17 and MU20 competitions into a developmentally aligned ‘best v best’ model, replacing geographic splits to provide consistent elite level challenge.



# INFRASTRUCTURE & DIGITALISATION

## *KEY RECOMMENDATIONS*



### **22. Invest in Training Infrastructure to Close Facility Gaps**

Prioritise long-term investment in high-quality training facilities across all regions, addressing one of the most significant constraints on both player and Club development.

### **23. Facility Quality and Pitch Standards**

Develop clear standards for match and training facilities, mandating minimum infrastructure requirements to ensure high-quality environments for Talent Development.

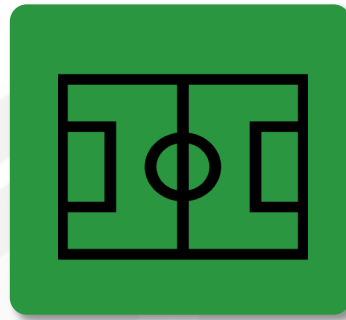
### **24. Develop Multi-Disciplinary Support Infrastructure**

Encourage Clubs to invest in full-time access to non-football facilities and expertise — including sports science, medical, performance analysis, and education — to support holistic player development.



# INFRASTRUCTURE & DIGITALISATION

## *KEY RECOMMENDATIONS*



### **25. Create a Centralised Digital Platform for Academies**

Develop a unified national platform that enables all Academies to standardise Player Development curricula, share best practices, and ensure alignment in coaching methodology and documentation.

### **26. Establish a Centralised Player Data Hub**

Build a centralised player and Club data management system to streamline the collection, analysis, and sharing of information between Clubs, Academies, and the FAI, enabling data-driven decision-making and performance tracking.

### **27. Adopt Technology to Enhance Player Development**

Implement the widespread use of performance technology to improve training individualisation, monitoring, and feedback processes.



# WORKFORCE DEVELOPMENT

## *KEY RECOMMENDATIONS*



### **28. Professionalise Sport-Technical Leadership roles in Academies**

Support the creation of key full-time leadership roles within Academies – Academy Director, Head of Coaching, Head of Talent ID & Recruitment - to professionalise Talent Development and enhance the quality of the Player Pathway.

### **29. Introduce the Concept of a Head of Coaching Role Within All Academies**

Clearly define the responsibilities of the Head of Coaching, ensuring they implement the Club's Football Philosophy and age-specific curriculum.

### **30. Introduce the Concept of a Transition Coach Within All Clubs**

Introduce the role of a Transition Coach as part of the first-team staff, serving as a dedicated bridge between Academy and first team to ensure continuity, personalised support, and structured player progression.

### **31. Introduce Specialised Technical Roles in Academy Structures**

Support the creation of key full-time roles within Academies - including Academy Coach, Individual Development Coach, S&C Coach, Video Analyst, ... - to professionalise Talent Development and enhance the quality of the player pathway.





# WORKFORCE DEVELOPMENT

## *KEY RECOMMENDATIONS*



### **32. Create a Full-Time Academy Administrator Role**

Introduce a dedicated Academy Administrator position to oversee daily operations, coordinate logistics, and support strategic alignment.

### **33. Introduce Minimum Standards Linked to Supporting Staff**

Set clear requirements for medical, performance, educational, and safeguarding staff to ensure holistic Player Development and Care.

### **34. Establish a Structured Leadership Education Programme**

Formalise and institutionalise 'Academy Management Training' as part of a broader leadership education framework to support long-term capability building among Academy and Club leaders.



# WORKFORCE DEVELOPMENT

## *KEY RECOMMENDATIONS*



### **35. Embed Continuous Education across all Academy Roles**

Establish ongoing professional development and lifelong learning pathways for coaches, Academy Directors, and administrative staff, integrating international best practices and continuous skill enhancement. Provide regular networking and educational opportunities between Club representatives and professionals in the field to enhance knowledge exchange and innovation.

### **36. Provide Mentoring Support**

Provide mentoring support to current and future leaders in the game, to promote leadership development, knowledge transfer and strategic thinking.

### **37. Promote the Adoption of Coaching Competency Frameworks**

Link Coach Development to the Club's playing and training philosophy, with continuous feedback and performance analysis. Use competency frameworks to guide hiring, development, and performance management of coaching staff.



# FOOTBALL PHILOSOPHY & TALENT ID

## *KEY RECOMMENDATIONS*



### **38. Formulate and Implement a National Football Philosophy**

Develop a coherent National Football Philosophy that aligns all stakeholders, from grassroots to the professional level, and mandate a fixed technical curriculum for implementation across all affiliated Clubs. The Football Philosophy will provide foundations in vision, structure and content, however, leaves freedom and ownership for each League of Ireland Academy to integrate it's own Club specific DNA.

### **39. Design and Implement a National Football Curriculum**

Develop a National Football Curriculum that translates the Football DNA into practical training guidelines for each age and stage. The curriculum should cover technical, tactical, physical, psychological and social development. It ensures a structured, consistent approach to coaching and player development across the country.

### **40. Create a National Talent ID System for Boys and Girls**

Build a coordinated national framework that connects League of Ireland Clubs and grassroots Clubs ensuring Talent Identification structures are inclusive and accessible for boys and girls across all regions, enabling the FAI to recognise and track outstanding talent nationwide.



# ELITE PLAYER DEVELOPMENT

## *KEY RECOMMENDATIONS*



### **41. Strengthen National Youth Team Collaboration**

Enhance alignment between Clubs and national youth teams in terms of training methodology, physical load management, and long-term player tracking systems.

### **42. Implement Full-Time Football and Education Programmes**

Recognise the need to implement a dedicated full-time football development and education programme post Junior Certificate to prioritise the holistic development of youth players.

### **43. Launch/Intensify Dual-Career Sports Education Programmes**

Create and intensify integrated education-football pathways post Leaving Certificate for youth players, allowing for academic continuity and football development, supporting long-term personal and career objectives.

### **44. Embed an Individual Centred Development Culture**

Make Individual Player Development the central focus of all training environments and competitions. This means designing programmes tailored to each player's needs, strengths, and potential. A player-centred approach will raise the overall quality of talent emerging in Irish football.





# ELITE PLAYER DEVELOPMENT

## *KEY RECOMMENDATIONS*



### **45. Increase Player–Coach Contact Hours Across Age Groups**

Create structured opportunities to boost player–coach interaction time at all levels, strengthening development, feedback cycles, and individualised coaching.

### **46. Implement Mandatory Medical Screening Programmes**

Standardise comprehensive medical screenings across youth Academies to monitor player health and detect early risks, supporting player welfare and long-term performance.

### **47. Standardise PHV and Growth Monitoring Practices**

Require all Academies to conduct Peak Height Velocity (PHV) and Mirwald testing, report data to the FAI, and designate a central resource to monitor growth trends and track late developers systematically.

### **48. Launch Federation-Led Academy Education Workshops**

Organise workshops focused on equipping Clubs with the tools to identify and support both late-maturing and high-potential players.



# ELITE PLAYER DEVELOPMENT

## *KEY RECOMMENDATIONS*

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### **49. Ensure Targeted Support for Late-Maturing Players**

Continue to focus on the 'Future Developer' principle to support late-maturing players, ensuring long-term retention and equal developmental opportunity. Consider enforcing stricter rules around the Future Developers.

### **50. Utilise Travel Time for Developmental Engagement**

Encourage Clubs to optimise travel time - such as during bus journeys - for individual player conversations, video analysis, or mentoring sessions to maximise learning and maintain engagement.



# THEMATIC DEEP-DIVES

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## double pass

double pass



# THEMATIC DEEP-DIVES

## *INSIGHTS IN OUTCOMES AND PRACTICAL IMPLEMENTATION*

### *TALENT DEVELOPMENT INDEX*

The **Talent Development Index (TDI)** is a strategic performance framework designed to measure the value creation from youth Academies, with a dual focus on **sportive impact** and **financial return**.

It is built upon a structured set of **Key Performance Indicators (KPIs)** that are tracked across multiple sporting seasons—specifically 2023, 2024, and the first half of 2025. These KPIs are calculated separately for **men and women**, ensuring gender-specific insights and benchmarking.

Each KPI is assigned a specific weight, and the aggregated results form a **composite score** that reflects the overall effectiveness and productivity of the Academy in developing talent for both competitive success and economic sustainability.

### *THEORY INTO PRACTICE*

To reinforce the **validity of the audit findings** and bridge strategic intent with operational reality, we implemented a targeted set of **tangible assessments**.

These evaluations—covering **self-assessment on transition to the first team**, **style of play analysis**, and **coach intelligence**—were conducted across individual Clubs and subsequently synthesised into a holistic League-level summary.

This approach enables a broader understanding of **systemic strengths** and **areas for improvement**, offering a consolidated view of Academy effectiveness across the landscape.





# TALENT DEVELOPMENT INDEX

*EVALUATES THE EFFECTIVENESS OF IDENTIFYING AND DEVELOPING TALENT FOR 1<sup>ST</sup> TEAM AND PROFESSIONAL SUCCESS.*



*\*Season 2023, 2024, and ½ Season 2025*

✿ % of Home-Grown Players

✿ Transfer Revenue Academy

✿ Transfer Impact

✿ Home-Grown Players Transitions

✿ External Productivity

✿ Playing Minutes Home-Grown Players

✿ Senior National Teams

✿ Youth National Teams

✿ # of Debuts

✿ Starting 11



# TALENT DEVELOPMENT INDEX

## KEY PERFORMANCE INDICATORS



Key Performance Indicator	Definition
% of Home-Grown Players	A Home-Grown Player is a player who, regardless of nationality or age, has been registered with the Club for a continuous or cumulative period of at least three years between the ages of 15 and 21.
Transfer Revenue Academy	Income generated from selling Home-Grown Players.
Transfer Impact	Measures the significance of Home-Grown Player sales to the Club's overall transfer revenue.
Home-Grown Players Transitions	Number of Home-Grown Players Who Completed a Transition (+450 Minutes Played*, Internally or Externally) in a season.
External Productivity	The number of U23 Home-Grown Players that are active in professional football.
Youth National Teams	The Number of Home-Grown Players that are selected for the games of the U17-U19-U21 National Team.
Senior National Team	The Number of U23 Home-Grown Players that are selected for their Senior National Team.
Playing Minutes Home-Grown Players	Percentage of total available minutes played by U23 Home-Grown Players.
# of Debuts	The Number of U23 Home-Grown Players that made their Debut in a season.
Starting 11	Number of starts by U23 Home-Grown Players in a season.



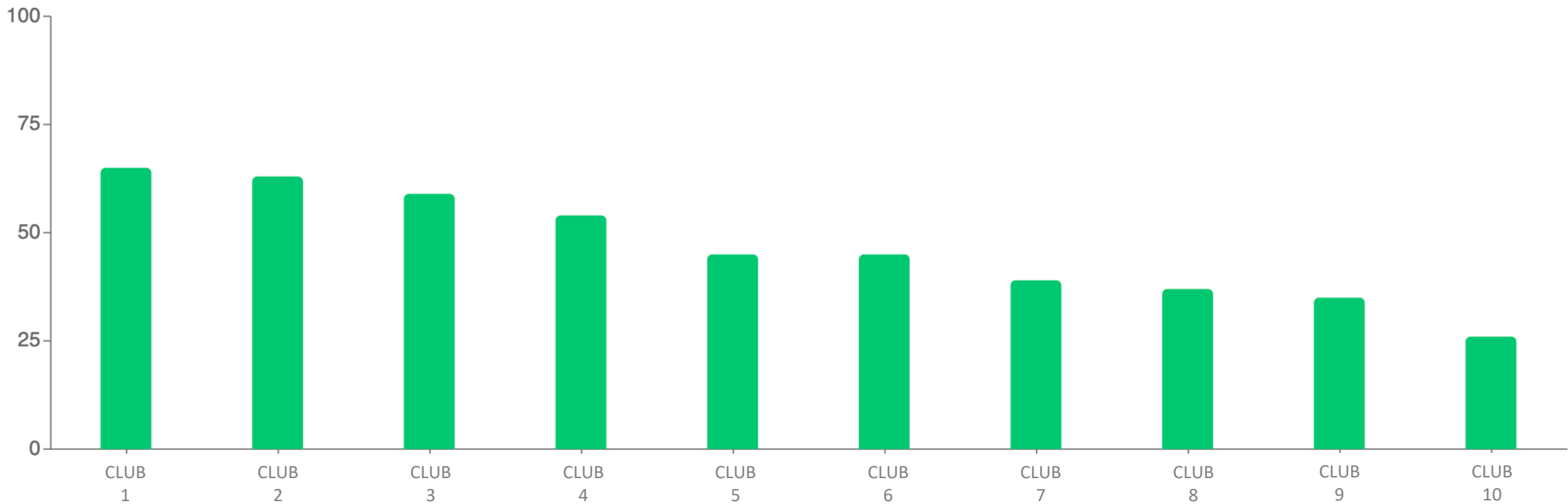
# TALENT DEVELOPMENT INDEX

*OVERALL PERFORMANCE RANKING (MEN)*



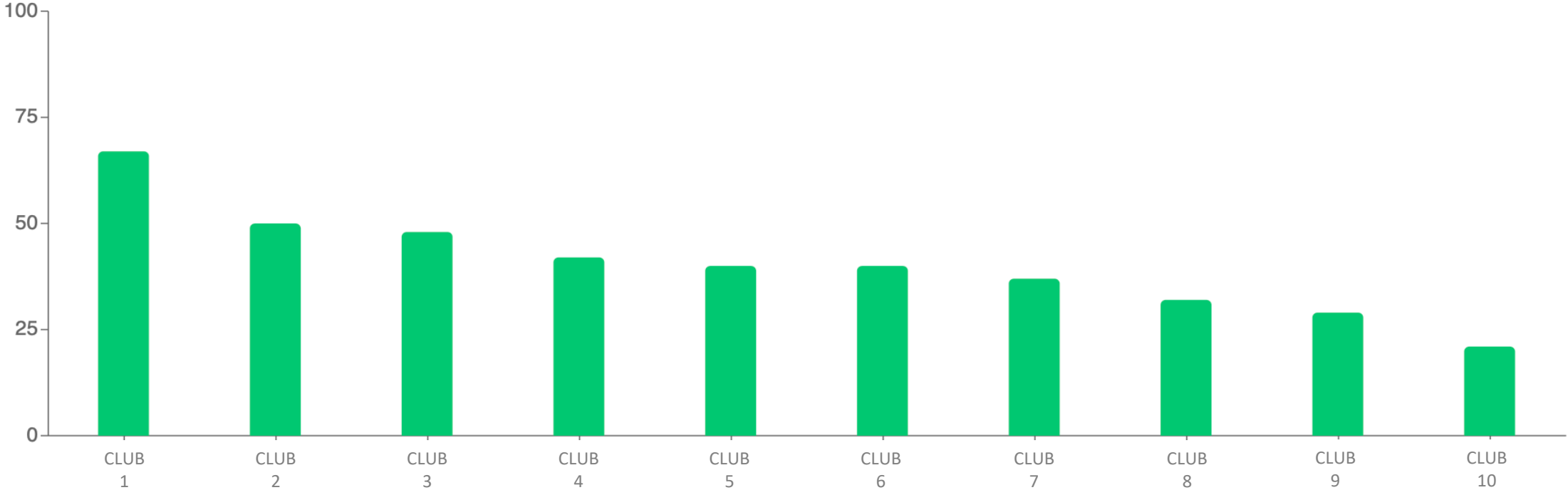
# TALENT DEVELOPMENT INDEX

*PERFORMANCE RANKING FOR MEN'S PREMIER DIVISION*



# TALENT DEVELOPMENT INDEX

*PERFORMANCE RANKING FOR MEN'S FIRST DIVISION*





# TALENT DEVELOPMENT INDEX

*PERFORMANCE RANKING FOR WOMEN'S PREMIER DIVISION*



\* Calculations based on 5 KPIs



# THEORY INTO PRACTICE

## *FROM FRAMEWORK TO FIELD*

1



### ***SELF-CHECK TRANSITION TO 1<sup>ST</sup> TEAM***

This self-assessment invites Clubs to reflect on how players Transition to the 1<sup>st</sup> Team. It captures current practices while encouraging forward-thinking approaches that strengthen alignment between development pathways and 1<sup>st</sup> Team integration - supporting both immediate clarity and long-term ambition.

2



### ***STYLE OF PLAY ANALYSIS***

Through a systematic review of match footage, we conducted an objective, data-driven assessment of each Club's style of play. This approach enables Clubs to evaluate how closely their actual playing style aligns with their intended style of play.

3



### ***COACH INTELLIGENCE***

By capturing and analysing live coaching audio, we generated automated insights into coaching behaviour. This analysis sheds light on communication patterns, instructional styles, and engagement levels, offering coaches a powerful tool for self-reflection and continuous improvement.



# THEORY INTO PRACTICE

## *TRANSITION TO FIRST TEAM*

1



### ***SELF-CHECK TRANSITION TO 1<sup>ST</sup> TEAM***

This self-assessment invites Clubs to reflect on how players Transition to the 1<sup>st</sup> Team. It captures current practices while encouraging forward-thinking approaches that strengthen alignment between development pathways and 1<sup>st</sup> Team integration - supporting both immediate clarity and long-term ambition.



Using a structured self-checklist focused on Transition to First Team, this module enabled Clubs to reflect on the strength and alignment of their player progression pathways.

The framework explores four key areas—**Club Football Strategy, 360 Player Development, First Team Environment**, and the **Transition Process**—allowing Clubs to assess how well their current practices support youth integration and align with their development philosophy.

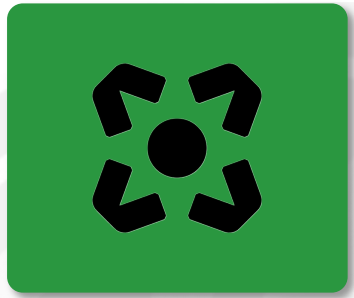
Beyond evaluating robustness, the aim is to spark improvement—encouraging strategic dialogue, cross-functional collaboration, and continuous refinement.

**Fifteen Clubs completed the self-check**, with responses most often provided by Academy managers.



# TRANSITION TO FIRST TEAM

## KEY FINDINGS



### CLUB FOOTBALL STRATEGY

Most Clubs show **strong commitment** to integrate youth development into their broader vision. However, communication gaps between departments can hinder consistent execution.

Collaboration between Academy and first-team staff varies. Some Clubs have established cross-functional coordination, while others operate in silos.

**Youth exposure to first-team environments is inconsistent.** While some Clubs offer structured integration opportunities, others are constrained by competitive demands and short-term priorities.

Monitoring and evaluation systems are generally underdeveloped. Few Clubs track transition outcomes systematically.

### 360 PLAYER DEVELOPMENT

Most Academies are actively implementing **Individual Development Plans (IDPs)** to guide player growth. However, the use of Player Profiles as a formal tool for evaluating players is still either non-existent or in early stages of adoption.

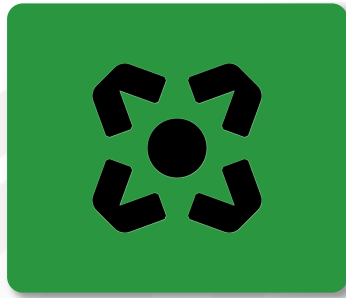
Clubs generally possess a **conceptual framework for identifying players** who are ready to transition to the first team. There is a decent to good understanding across organizations of the distinction between performance and potential.

A majority of Clubs have established documented procedures for evaluating players. Nonetheless, a portion of Clubs still lack formalised evaluation processes, indicating **room for improvement in consistency and structure.**



# TRANSITION TO FIRST TEAM

## *KEY FINDINGS*



### *1ST TEAM ENVIROMENT*

Most Clubs recognise the **importance of managing external influences**—such as parents, agents, and personal coaches—during the transition of young players to the first team.

While some structured support systems are in place, like mentorship by senior players and formal development talks, others such as individual development plans and transition coaches are less commonly implemented.

Overall, more teams report not having structured support systems for young talent than those that do, highlighting **a gap in consistent support** across Clubs.

### *TRANSITION PROCESS*

There are several **structural and strategic gaps** in how Clubs manage the transition process. Most Clubs lack clear KPIs or a formalised plan to guide this transition, suggesting that the process is often ad hoc rather than intentional.

Operationally, there is a **disconnect in facilities and in the use of digital tools** such as player management systems and performance analysis platforms. This fragmentation can hinder collaboration and data-driven decision-making across departments.

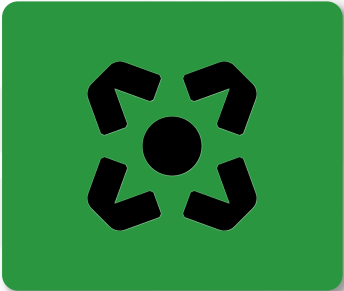
Many Clubs **report limited alignment between youth and senior football** approaches. While some level of connection exists in certain cases, it is generally weak and in need of strengthening to ensure a consistent development pathway.



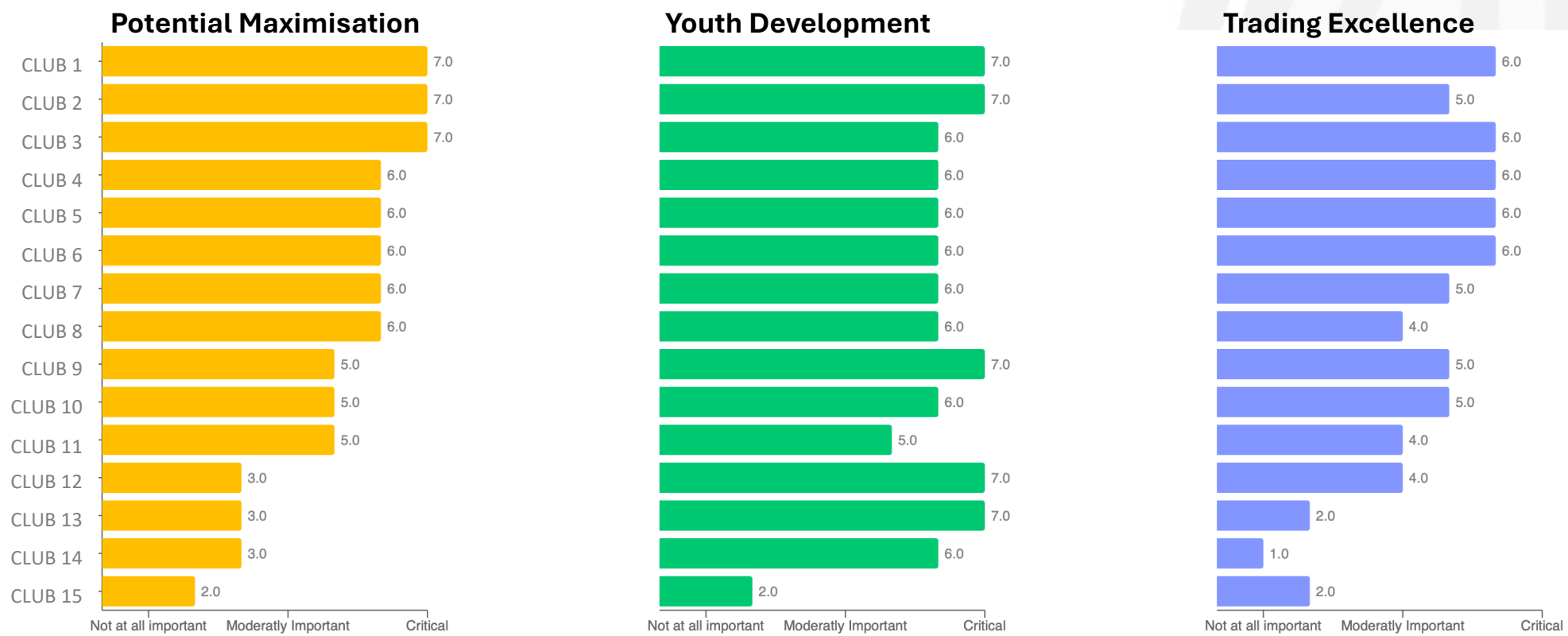


# TRANSITION TO FIRST TEAM

## CLUB FOOTBALL STRATEGY

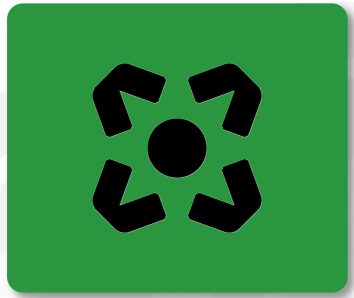


*How important is each focus area in creating Team Value in your Club?*



# TRANSITION TO FIRST TEAM

## *CLUB FOOTBALL STRATEGY*



### *How important is each focus area in creating Team Value in your Club?*

The chart from the Transition to First Team self-check illustrates how Clubs rate the strategic importance of three approaches to creating team value: **Potential Maximisation, Youth Development, and Trading Excellence**. Most respondents—primarily Academy managers—indicate that all three approaches are strategically relevant within their Club’s overall strategy, though with varying degrees of emphasis.

These variations do not imply the absence of strategy in any area; rather, they reflect **relative prioritisation**. A lower score in one dimension often signals that a Club places greater emphasis on the other approaches, based on its resources, philosophy, or competitive context.

The fact that **Academy managers** completed most of the self-checks is significant. Their perspective naturally leans towards **development-focused priorities**, which may not fully reflect the Club’s broader strategic positioning—especially in areas like trading or senior team integration.

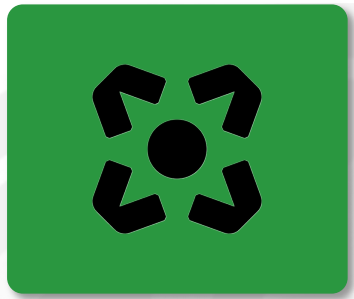
This is reinforced by earlier findings showing that **Academy representation in technical boards is extremely limited**, with only 12% of Clubs including Academy leadership in strategic football decision-making. In many cases, Clubs lack a formal technical board altogether.

This disconnect highlights the **need for stronger integration of Academy voices in strategic structures** to ensure alignment between development pathways and overall Club strategy.

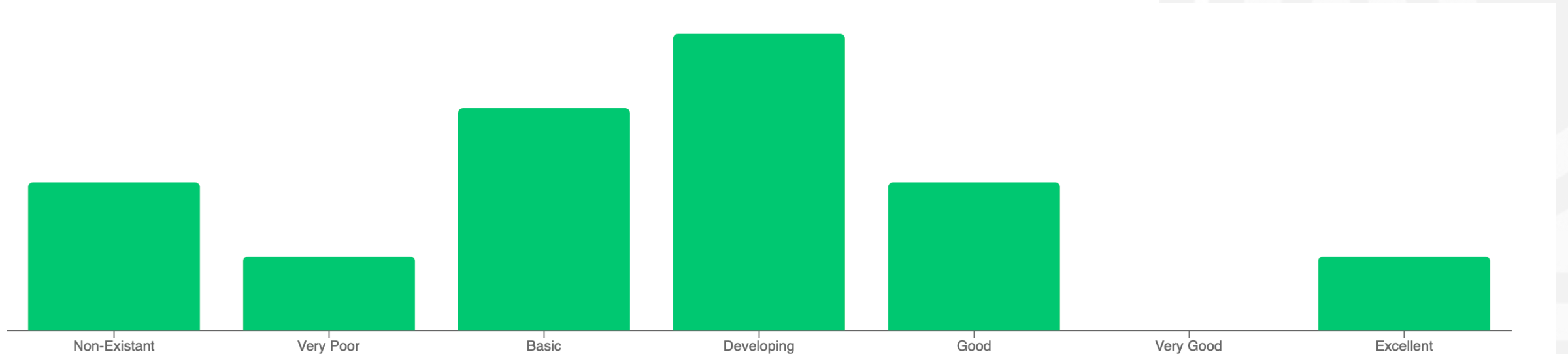


# TRANSITION TO FIRST TEAM

## 360 PLAYER DEVELOPMENT

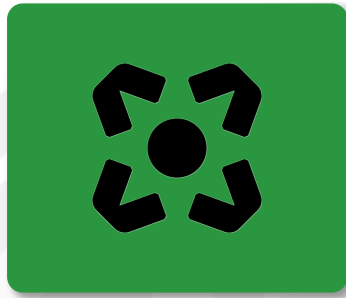


*How does your Club deploy Position-Specific Benchmarking to evaluate players?*



# TRANSITION TO FIRST TEAM

## 360 PLAYER DEVELOPMENT



### *How does your Club deploy Position-Specific Benchmarking to evaluate players?*

The chart from the **360 Player Development** section of the self-check shows how Clubs apply **Position-Specific Benchmarking** to evaluate players. Most Clubs rate their approach as either "**Developing**" or "**Basic**", with fewer indicating "**Good**" or "**Excellent**" practices. A notable number of responses also fall under "**Non-Existent**", suggesting that for many Clubs, this practice is either in its infancy or not yet in place.

This outcome points less to a strategic choice and more to a **technical gap**—specifically, the **absence of a clearly defined football philosophy**. As highlighted in the assessment, many Clubs **lack a shared football philosophy** that connects the first team and Academy. This disconnect leads to misalignment in playing style, training methodology, and player progression pathways.

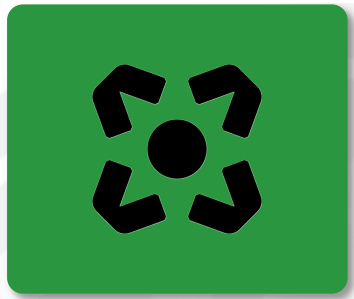
The limited use of position-specific benchmarking also reflects findings from the audit, which noted a **disconnect between Individual Development Plans (IDPs) and the Club's overarching football philosophy**. Without a clear player profile framework, IDPs tend to be generic and lack coherence across the development system.

In short, the underdevelopment of position-specific benchmarking is symptomatic of a broader structural issue: the need for Clubs to define and embed a unified football philosophy that informs both individual player development and collective team strategy.

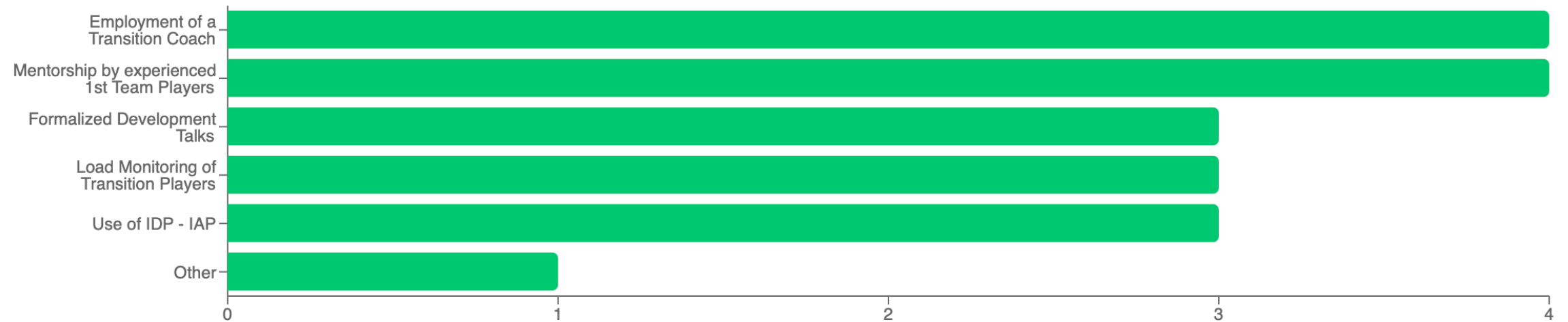


# TRANSITION TO FIRST TEAM

## 1ST TEAM ENVIRONMENT



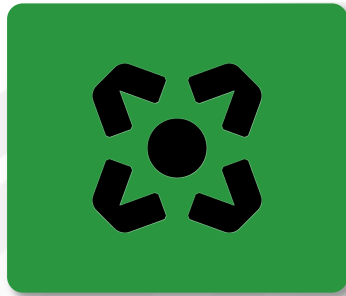
*Which structured support systems are in place for young talents in the first team?*





# TRANSITION TO FIRST TEAM

## 1ST TEAM ENVIRONMENT



### *Which structured support systems are in place for young talents in the 1<sup>st</sup> Team?*

Six Clubs reported having **structured support systems** in place for young talents integrating into the first team. However, the chart reveals that **implementation varies significantly** across Clubs. While some employ multiple support mechanisms—such as **transition coaches and mentorship by senior players**—others rely on fewer or more basic structures.

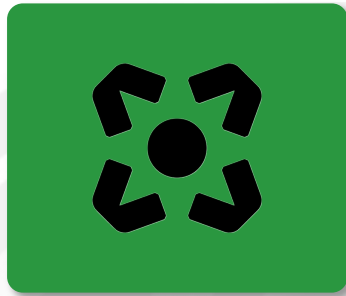
Notably, only two Clubs report using **Individual Development Plans (IDPs) or Individual Action Plans (IAPs)** at first team level. This stands in contrast to the widespread presence of IDPs at Academy level. However, as highlighted in the audit, these plans are often **generic and not anchored in the Club's overarching football philosophy or player profile framework**. This lack of depth and strategic integration at Academy level likely contributes to the **limited continuation** and implementation of IDPs within the first team environment.

The variation in support systems reflects broader structural and philosophical differences between Clubs. Where a **shared football philosophy** is absent, alignment between Academy and first team practices tends to weaken—impacting not only player development but also the consistency of support during critical transition phases.



# TRANSITION TO FIRST TEAM

## TRANSITION PROCESS



*Is there a step-by-step plan (Transition Phases) implemented for integrating young talents into the professional environment?*



**15%**

share of clubs answering Yes

Only **15% of Clubs** report having a step-by-step plan in place for integrating young talents into the professional environment. This result suggests that while some Clubs have begun to define **structured transition phases**, the majority still lack a formalised approach.

A step-by-step plan typically outlines **progressive phases** - such as exposure to first team training, matchday involvement, and gradual increases in responsibility - designed to guide young players through their transition. The absence of such frameworks in most Clubs may lead to inconsistent experiences for players and limit the effectiveness of the transition process.

The result highlights an opportunity for Clubs to strengthen their development pathways by clearly defining and implementing phased transition models that support both player readiness and long-term integration.



# THEORY INTO PRACTICE

## *STYLE OF PLAY ANALYSIS*

2



### ***STYLE OF PLAY ANALYSIS***

Through a systematic review of match footage, we conducted an objective, data-driven assessment of each Club's style of play. This approach enables Clubs to evaluate how closely their actual playing style aligns with their intended style of play.



The analysis is based on **video-derived performance data**, grouped into **six key moments of the game**: Build Up, Chance Creation, Defending Build-Up, Defending the Box, Defensive Transition, and Offensive Transition.

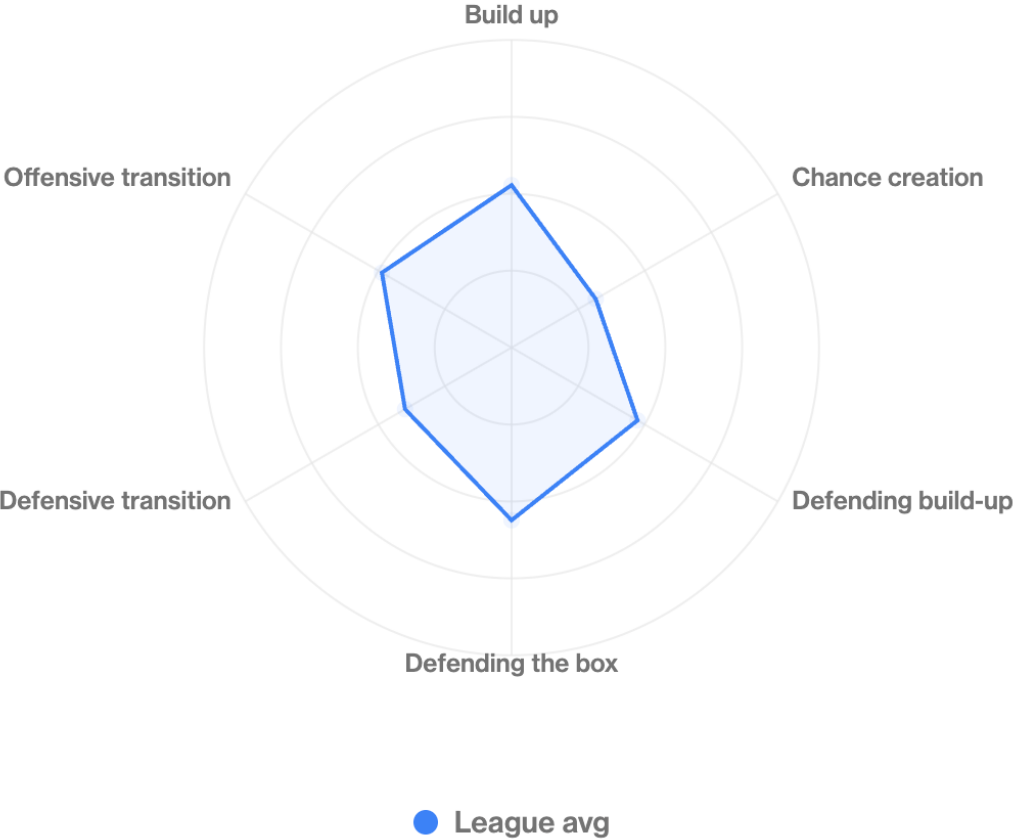
The purpose of this study is to provide the FAI and LOI with a clear overview of collective strengths and weaknesses, identify performance gaps between teams, and support targeted development initiatives.

Data coverage varies per team due to differences in match footage availability and quality. The League averages presented here are therefore based on available matches and should be interpreted within that context.



# STYLE OF PLAY ANALYSIS

## KEY FINDINGS



### Build Up

League average performance in the build-up phase is moderate, with significant variation between teams. While some teams show strong possession and pass accuracy, others adopt a more direct approach with limited ball circulation. The overall index suggests that structured progression from the back is an area with development potential.

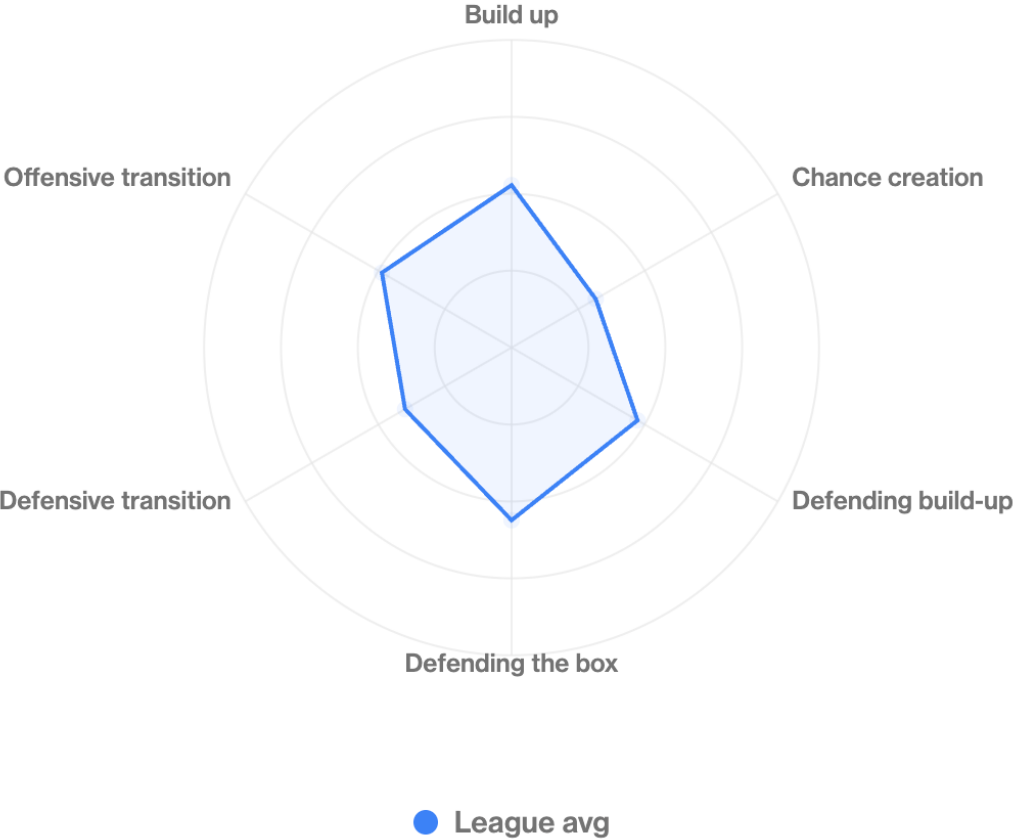
### Chance Creation

This is the League's lowest-performing moment on average. The frequency of chances created and conversion rates remain modest, indicating difficulties in advancing into dangerous areas and delivering effective final passes. Some teams stand out with higher chance volumes, but the majority produce limited offensive output.



# STYLE OF PLAY ANALYSIS

## KEY FINDINGS



### Defending Build-Up

Performance in disrupting the opponent's build-up is a relative strength. The average team records solid possession gains in deeper areas, supported by effective interceptions and recoveries. However, high pressing and regaining possession in advanced areas occur less frequently.

### Defending the Box

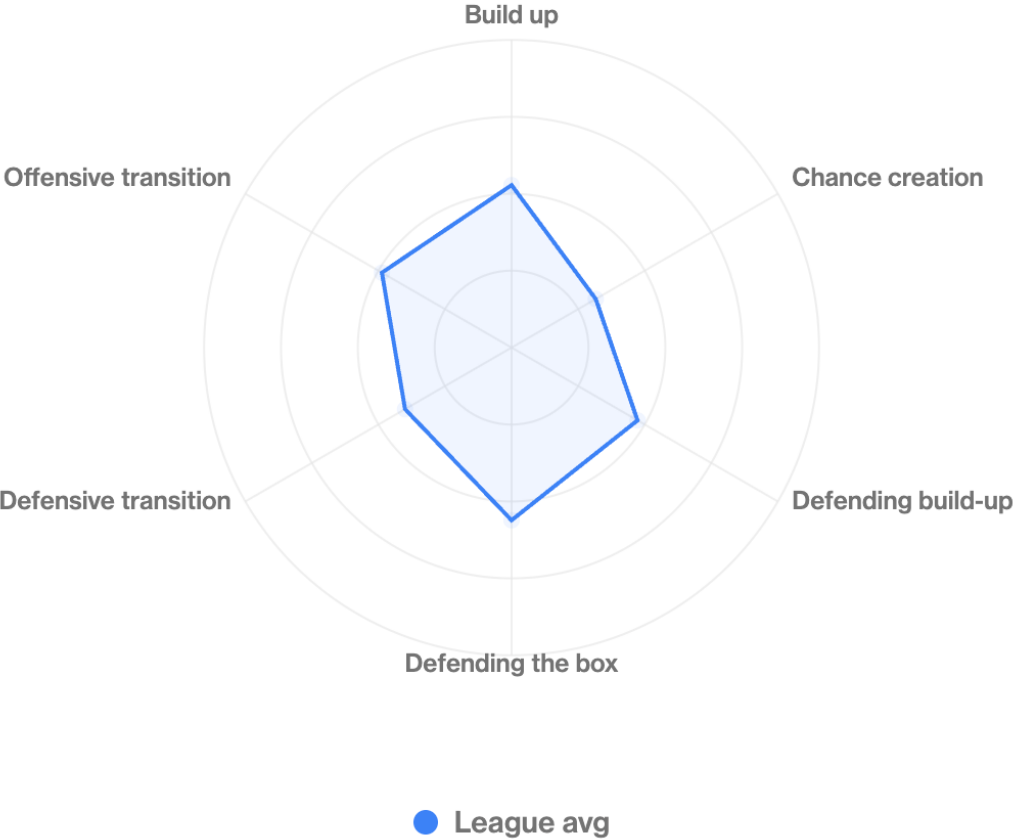
The League shows a balanced but not outstanding profile in defending the penalty area. Teams generally limit the opponent's goal conversion, but concede a notable number of box entries and crosses. Defensive blocking and clearing actions are present but not consistently high.





# STYLE OF PLAY ANALYSIS

## KEY FINDINGS



### Defensive Transition

This is the strongest average moment for the League. Teams demonstrate good organisation and speed in preventing opponents from progressing during transitions, resulting in relatively few direct threats after ball loss. The data indicates an effective recovery structure once possession is lost.

### Offensive Transition

League averages show moderate performance in exploiting offensive transitions. While some teams advance quickly into the final third, many fail to capitalise on counter-attacking opportunities, either through execution errors or lack of penetration.



# STYLE OF PLAY ANALYSIS

## *RECOMMENDATIONS*

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### Build Up

- Encourage structured possession play under pressure to reduce reliance on long passes.
- Increase repetition of build-up drills focusing on positional support and progression through thirds.

### Chance Creation

- Prioritise patterns of play that lead to high-quality chances, particularly from wide and central combination play.
- Improve crossing accuracy and final pass execution to raise overall chance efficiency.

### Defending Build-Up

- Develop situational pressing triggers to increase possession gains in advanced areas.
- Balance low-block discipline with selective high-press opportunities.



# STYLE OF PLAY ANALYSIS

## *RECOMMENDATIONS*

---



### Defending the Box

- Implement targeted training on defending crosses and second balls.
- Strengthen compactness and communication in the penalty area.

### Defensive Transition

- Maintain and refine transition recovery principles to protect this area of strength.
- Integrate counter-pressing moments when recovery high up is possible.

### Offensive Transition

- Increase decision-making speed and forward support during counters.
- Use match scenarios in training to improve timing and runs into space immediately after regaining possession.



# THEORY INTO PRACTICE

## COACH INTELLIGENCE

3



### COACH INTELLIGENCE

By capturing and analysing live coaching audio, we generated automated insights into coaching behaviour. This analysis sheds light on communication patterns, instructional styles, and engagement levels, offering coaches a powerful tool for self-reflection and continuous improvement.



The framework evaluates coaching behaviours across five key dimensions:

- **Individuality** – Balancing team-based and individual-focused coaching.
- **Specificity** – Providing clear, actionable, and relevant feedback.
- **Interaction** – Using questions and instructions effectively to engage players.
- **Silence** – Allowing players space to think, decide, and take ownership.
- **Positivity** – Maintaining an encouraging and supportive learning environment.

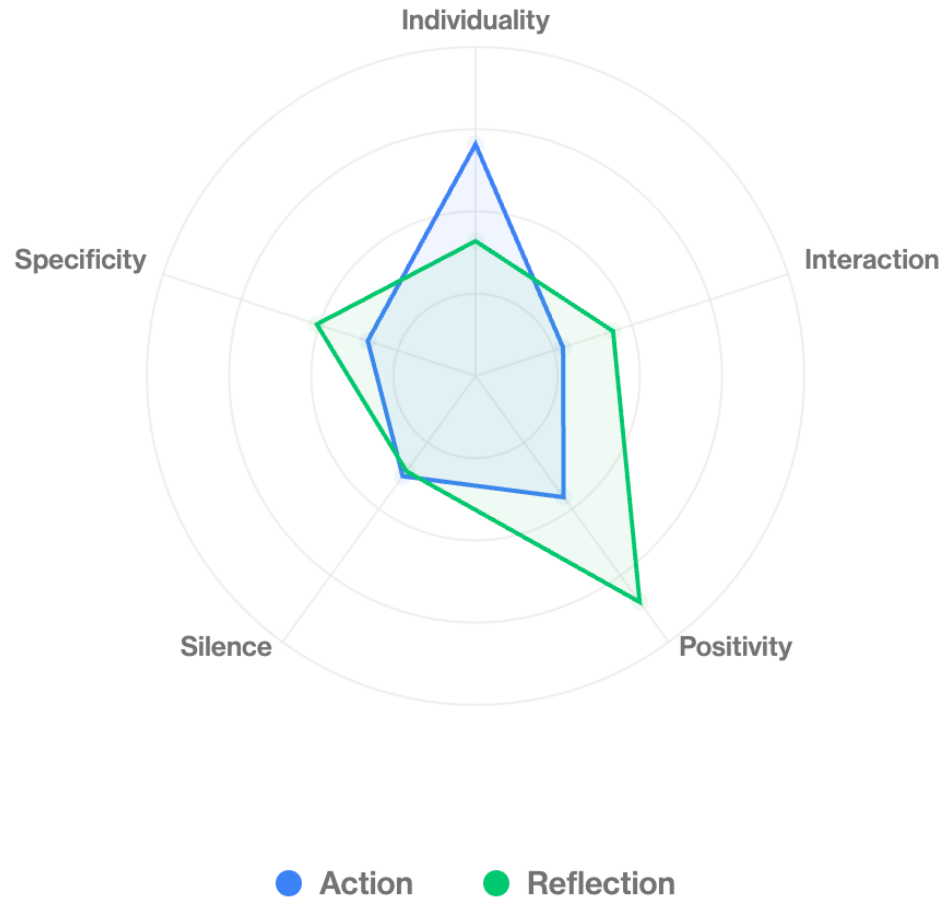
For each dimension, Action scores represent what actually happened during the session, while Reflection scores represent how the coach believed they performed.

The comparison between these scores provides valuable insight into coach self-awareness, an essential factor in professional growth. League-wide median scores serve as a benchmark for comparing individual, Club, and national performance.



# COACH INTELLIGENCE

## KEY FINDINGS



### Self-Perception vs. Reality

- In several dimensions Reflection scores differ notably from Action scores.
- This suggests that many coaches either overestimate or underestimate certain aspects of their behaviour, confirming research that up to 80% of coaches struggle to describe their own behaviour accurately.

### Overestimation in Positivity

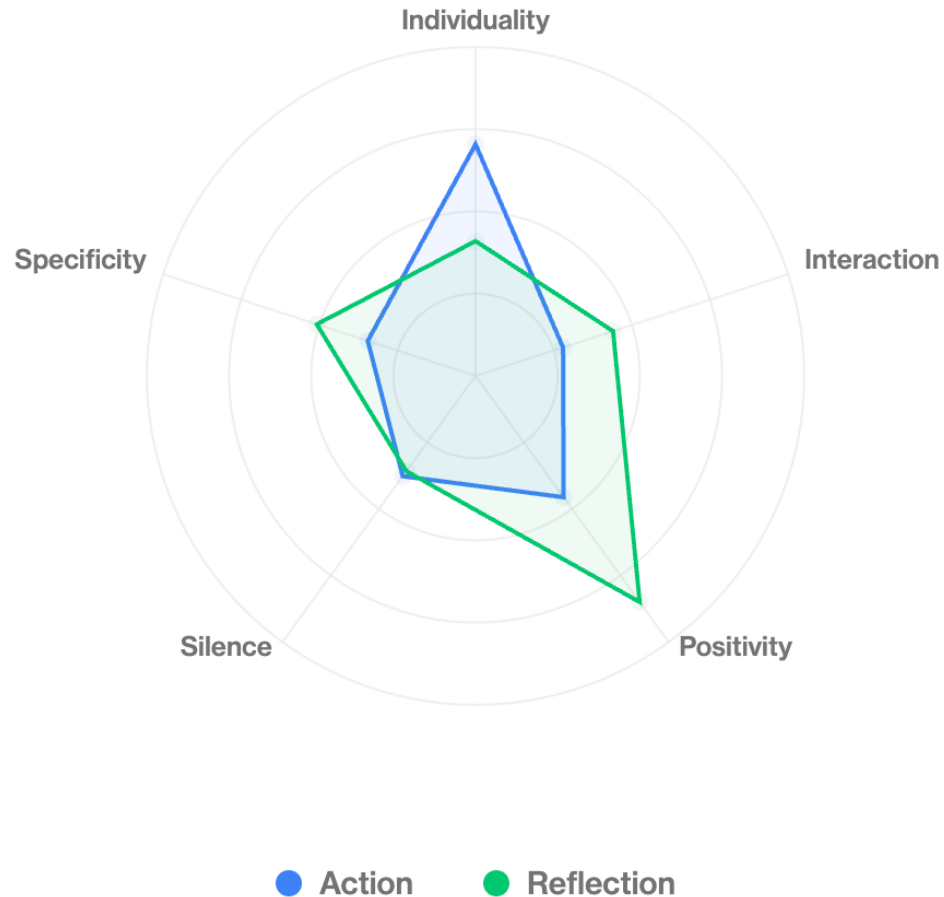
- In some cases, Reflection scores for Positivity are higher than Action scores, indicating coaches believe they are more positive than observed.
- This may reflect a natural coaching bias towards remembering positive interactions rather than the full range of behaviour.





# COACH INTELLIGENCE

## KEY FINDINGS



### Underestimation in Silence

Some coaches report less silence in Reflection than measured in Action, suggesting they are unaware of how much space they actually leave for player decision-making.

### Specificity Awareness Gap

Where Specificity scores are low in Action but moderate in Reflection, coaches may think they are giving precise, actionable feedback when in reality much of it is still general.

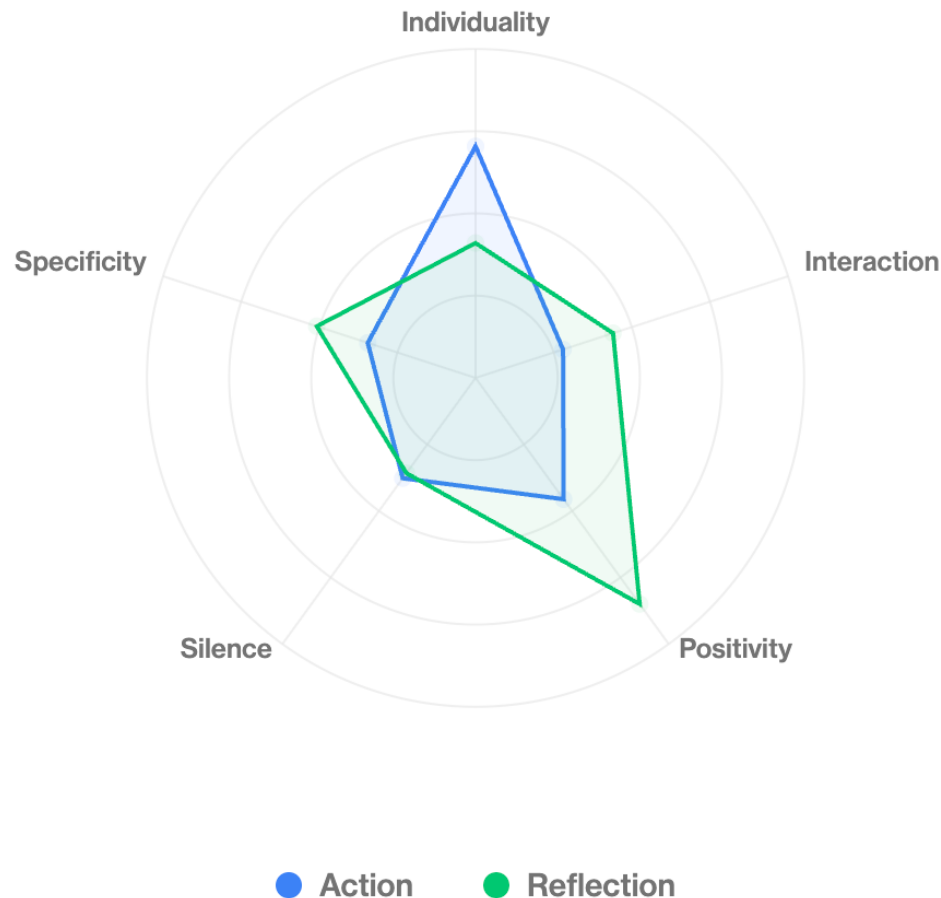
### Systemic Self-Awareness Challenge

The gaps appear in a consistent pattern across Clubs, making this not just an individual but a developmental priority for the whole League.



# COACH INTELLIGENCE

## RECOMMENDATIONS



### Integrate Video/Audio Playback in Coach CPD

- To develop accurate self-perception.
- Targeted Self-Awareness Training

### Positivity Calibration

Encourage coaches to link “positive” feedback to specific behaviours rather than general encouragement, making positivity both observable and memorable.

### Silence and Autonomy Awareness

Help coaches become conscious of when and why they remain silent, so they can use it strategically rather than unintentionally and leave space for player decision-making

### Federation-Level Learning Programmes

- Organise workshops on the key findings of this report, ensuring coaches gain practical tools to address the identified gaps.
- These could be structured around the five dimensions of the framework, using best-practice examples and peer learning.



# DIMENSION LEVEL ANALYSIS

double pass

double pass







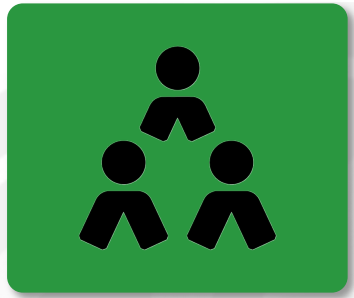
# STAFFING

The dimension deals with the availability of qualified and professional Academy staff. Are there specialists available supporting<sup>83</sup> specific aspects of player development?



# STAFFING

## KEY FINDINGS



### 1. Limited Full-Time Appointments

Most Clubs do not employ full-time Academy Directors and Heads of Coaching. These roles are often filled by volunteers or part-time staff, which restricts strategic oversight, consistency, and quality of Academy operations.

### 2. Missing Head of Coaching Role

Most Academies lack a Head of Coaching - a key role responsible for coach development, session quality, and alignment with the Club's playing philosophy. This gap weakens the overall technical consistency within Academies.

### 3. Role Overload

Academy Directors frequently manage multiple responsibilities - coaching, administration, logistics - beyond their core leadership function. This dilutes their capacity to focus on strategic development and performance management.

### 4. Qualification Mismatch

Many Academy Directors lack formal training in leadership, planning, and Academy Management. While football-specific certifications are common, broader competencies required for strategic and operational leadership are often missing.



# STAFFING

## KEY FINDINGS



### 5. Lack of Part-Time and Full-Time Coaching Staff

The majority of the Clubs have no part-time or full-time coaches. This restricts the ability to deliver consistent, high-quality training across age groups and limits the capacity for (individual) Player Development.

### 6. Volunteer-Driven Structures

While the availability of dedicated staff is limited, Clubs rely heavily on volunteers to support Academy operations reflecting a strong community involvement and a commitment to Talent Development.

### 7. Inconsistency of Coaching Staff

Frequent turnover and inconsistent availability of coaching staff disrupt Player Development and hinder the implementation of long-term training plans. This instability affects continuity, trust, and the overall learning environment within Academies.

### 8. Limited Availability of Support Staff

Clubs often lack dedicated staff for Talent Identification, Health & Performance, and Player Care, limiting holistic development beyond technical training. Holistic Player Development is vital for building strong player pipelines.





# STAFFING

## *RECOMMENDATIONS*



### 1. Establish Minimum Staffing Standards

To ensure strategic focus and operational consistency, Clubs should be guided towards appointing full-time Academy Directors and Heads of Coaching. This can be supported through licensing requirements, phased implementation plans, and targeted funding mechanisms.

### 2. Establish the Head of Coaching as a Core Academy Role

To ensure technical consistency and elevate coaching standards, Clubs should prioritise the appointment of a Head of Coaching within their Academy structure. Where resources are limited, shared or regional appointments could offer a scalable solution.

### 3. Promote Role Clarity and Focus

Introducing standardised job descriptions and role boundaries will help Academy Directors concentrate on leadership and development rather than juggling multiple tasks. Clubs can benefit from clearer internal structures and more efficient delegation.

### 4. Coaching Workforce Expansion

Scaling up the number of qualified part-time and full-time coaches is essential for delivering consistent, high-quality training. This could be achieved through regional coaching hubs, shared staffing models, and coach-to-player ratio benchmarks.



# STAFFING

## *RECOMMENDATIONS*



### 5. **Develop Targeted CPD Programmes**

Professional development tailored to Academy leadership - covering planning, management, and strategic oversight - should be made widely accessible. Embedding these programmes into qualification pathways will raise the overall competency and consistency of Academy Leadership.

### 6. **Coaching Continuity Measures**

Improving retention through career progression, contractual stability, and ongoing development opportunities will help Clubs maintain coaching consistency. Documented training frameworks can also safeguard continuity when staff changes occur.

### 7. **Multidisciplinary Support Integration**

Embedding roles in Talent Identification, Health & Performance, and Player Care into Academy structures will enhance holistic development. Prioritising Talent ID systems and scout training will strengthen Player Pathways and ensure early recognition of potential.

### 8. **University Collaboration**

Clubs can strengthen their specialised workforce by partnering with universities for internships in areas like sports science, analysis, and coaching. These placements offer mutual benefits - Clubs gain fresh expertise, and students access real-world experience that can lead to long-term roles.





# FACILITIES

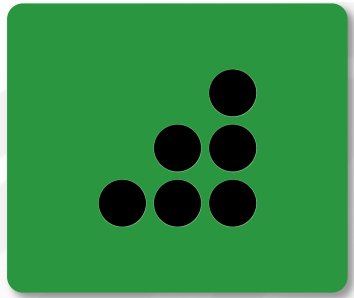
This dimension focuses on the quality and availability of the facilities used by the Academy teams and Academy staff.

**double pass**



# FACILITIES

## KEY FINDINGS



### 1. Decentralised Operations

In several Clubs, football and administrative functions operate in isolation, with minimal physical or procedural integration. Training and core football activities are often separated from the Club's main infrastructure, using multiple training grounds, creating disconnects that hinder collaboration, alignment, and operational efficiency.

### 2. Facility Disparities

Across the League, the overall standard of facilities falls short of what is expected for Academy-level development. While a few Clubs demonstrate strong infrastructure or pitch quality, these are exceptions in an environment where most lack the resources needed to support consistent training, recovery, and player care.

### 3. Pitch Access

Many Clubs struggle to secure regular access to full-size pitches. Training sessions are often squeezed into limited time slots or held on undersized surfaces, which compromises preparation and development.

### 4. Changing Room Provision

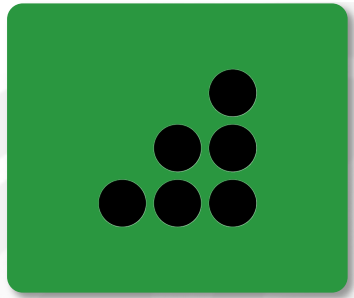
Changing rooms are often cramped, outdated, or shared across multiple teams, offering little privacy or comfort. This undermines the professional environment needed to support young players and staff.





# FACILITIES

## KEY FINDINGS



### 5. Meeting Room Availability

Planning and review sessions are frequently held in informal or borrowed spaces, as dedicated meeting rooms for Academy staff and players are rarely available. This limits the ability to conduct structured discussions and tactical briefings.

### 6. Workspace for Academy Staff

Coaches, managers, and support staff frequently work from hallways, shared desks, or off-site locations. Without dedicated workspaces, collaboration suffers, and administrative tasks become fragmented.

### 7. Lack of Canteen Facilities

The absence of canteen or cafeteria spaces is common, leaving players and staff without a central area for meals, informal interaction, or nutritional support. Parents also lack a welcoming space to engage with the Academy.

### 8. Medical Treatment Rooms

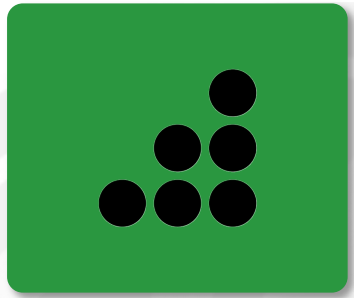
Injury care is often managed in makeshift settings - converted storage rooms, shared offices, or temporary setups. These arrangements lack the privacy, equipment, and consistency required for proper treatment and recovery.



# FACILITIES

## *KEY FINDINGS*

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### 9. Indoor Training Facilities

Indoor or covered training areas are a rarity. During poor weather, sessions are cancelled or improvised, disrupting continuity and limiting the ability to deliver a consistent programme year-round.

### 10. Facilities for Girls' Football

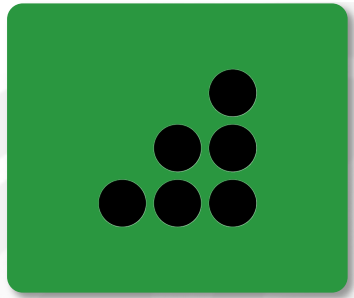
Girls' teams are often assigned separate training locations and lack access to dedicated changing rooms. This reflects logistical challenges but also shows a need for inclusive planning and equal-quality provision.





# FACILITIES

## *RECOMMENDATIONS*



### 1. **Improve Operational Integration**

Clubs should explore ways to physically or digitally align football and administrative functions. Shared workspaces, integrated scheduling systems, or co-located offices can help bridge the gap and foster better coordination.

### 2. **Promote Facility Benchmarking**

A recurrent League-wide facility audit could help identify critical gaps and highlight best-practice examples. By setting minimum standards, Clubs can be encouraged to invest and improve.

### 3. **Expand Pitch Availability**

Clubs may need to renegotiate pitch access, invest in additional surfaces, or collaborate locally to ensure consistent training opportunities. Full-size pitch access should be treated as a core requirement, not a luxury.

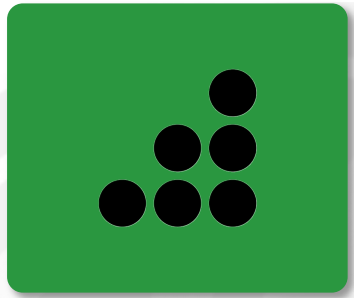
### 4. **Support All-Weather Training Solutions**

Indoor training options - whether permanent halls or temporary covers - can protect programme continuity during adverse weather. Regional indoor hubs could serve multiple Clubs and reduce individual costs.



# FACILITIES

## *RECOMMENDATIONS*



### 5. Optimise Changing Rooms

Upgrading changing rooms should be a priority - not just for hygiene and privacy, but to reinforce a professional environment and create a positive perception of the Club. Modular units or phased renovations may offer practical solutions for Clubs with limited budgets.

### 6. Create Dedicated Workspaces

Clubs should establish dedicated environments where Academy staff can plan, analyse, and collaborate without interruption. Whether through quiet rooms, shared offices, or mobile workstations, these spaces should support both administrative and strategic tasks, helping coaches stay organised and connected throughout the season.

### 7. Foresee Canteen Areas

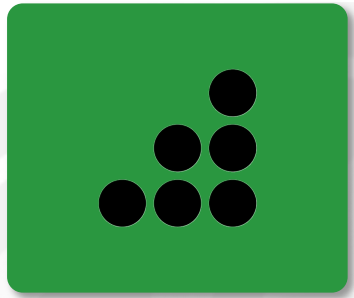
Introducing canteen areas, whether permanent or pop-up, can support nutrition and build community. These spaces also offer a touchpoint for parents and staff to connect informally with the Academy.



# FACILITIES

## *RECOMMENDATIONS*

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### 8. Strengthen Medical Infrastructure

Permanent treatment rooms equipped with basic medical supplies should be part of every Academy setup. Where space is limited, shared medical partnerships or mobile units could offer viable alternatives.

### 9. Ensure Inclusive Facility Provision

Facility planning must include equal access for girls' teams, with dedicated changing rooms and shared use of core infrastructure. This is not just about fairness - it's about creating a unified Academy culture that values every participant.





# STRATEGY

This dimension analyses the Club's strategy to realise long-term success on and off the pitch. Is there a clear mission and vision for the Club in general and talent development in particular?<sup>95</sup>



# STRATEGY

## KEY FINDINGS



### 1. Strategic Planning Gaps

Most Clubs lack a comprehensive and structured strategic plan, resulting in fragmented decision-making and short-term focus across departments, including their Academies.

### 2. Mission, Vision and Values Not Clearly Defined

Many Clubs lack a formalised articulation of their mission, vision and values. In some cases, these principles are communicated informally, but without consistent documentation or integration into daily operations, they fail to guide strategic decision-making or cultural alignment.

### 3. Absence of Clear Goals

Clubs and their Academies generally operate without clearly articulated short, medium, and long-term goals. This hinders effective planning, performance monitoring, and continuous improvement.

### 4. Academy Not Strategically Embedded in Football Business Model

Although Academies are referenced in Club vision statements, few translate this into measurable objectives. The absence of KPIs, limited use of development contracts, and weak integration into first-team squad composition reflect a missed opportunity to leverage the Academy's long-term value.





# STRATEGY

## KEY FINDINGS



### 5. Underinvestment in Talent Development

Despite verbal commitments to youth development, actual investment remains limited, constraining their ability to build sustainable, high-quality programmes.

### 6. Football Business Model Not Academy-Driven

The Academy's potential to contribute to long-term Club value - through player development, performance impact, and transfer revenue - is not fully recognised. Strategic planning rarely incorporates the Academy as a core business driver.

### 7. Squad Composition Lacks Academy Integration

Academy output is not systematically considered in 1<sup>st</sup> Team Squad Planning. There is limited alignment between development pathways and positional needs, resulting in missed opportunities to promote home-grown talent.

### 8. Development Contracts Underutilised

Few Clubs use development contracts strategically to secure and nurture Academy players. The absence of structured progression models and contract planning weakens retention and reduces the potential for future transfer value.





# STRATEGY

## *RECOMMENDATIONS*



### 1. **Support Strategic Planning**

Encouraging Clubs to adopt structured, long-term strategic plans can help align football, Academy, and operational goals. This could be facilitated through planning templates, peer learning sessions, or strategic development modules tailored to different leadership profiles.

### 2. **Formalise Mission, Vision and Values**

Develop a clear and documented statement of the Club's mission, vision and values, and ensure it is consistently communicated across departments. Integrating these principles into daily operations and strategic planning will strengthen cultural alignment and guide long-term decision-making.

### 3. **Embed Measurable Objectives**

To move from intention to impact, Clubs may benefit from guidance on translating their Academy vision into measurable objectives. Introducing performance indicators and progress tracking tools can help reinforce accountability and ensure the Academy is part of the Club's core strategy.

### 4. **Establish Goal Frameworks**

Clear articulation of short, medium, and long-term goals is essential for effective planning and continuous improvement. Integrating goal-setting into Club development reviews or licensing processes could help standardise this practice across the League.



# STRATEGY

## *RECOMMENDATIONS*



### 5. **Embed Academy in Club Strategy**

Establish measurable objectives and KPIs that align the Academy with the Club's strategic direction. Embedding these targets into planning processes strengthens accountability and ensures the Academy contributes meaningfully to long-term goals.

### 6. **Position Academy as Value Generator**

Integrating Player Development into financial forecasting allows Clubs to treat the Academy as a strategic asset. This approach supports sustainable growth by linking performance and transfer outcomes to business planning.

### 7. **Align Academy Output with Squad Planning**

Use succession mapping and positional analysis to connect Academy development with 1<sup>st</sup> Team needs. Doing so creates clearer pathways for home-grown talent and reduces reliance on external recruitment.

### 8. **Structure Development Contracts Strategically**

Introduce staged contracts tied to development milestones and performance indicators. Not only does this secure promising players early, but it also enhances retention and protects future transfer value.





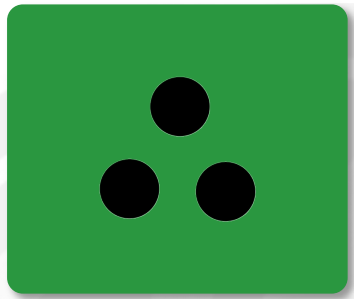
# ORGANISATION

This dimension studies the organisational set-up and decision-making processes of the Club and the Academy. Special attention is paid to the connection between these organisational levels.



# ORGANISATION

## KEY FINDINGS



### 1. Absence of Technical Boards

Technical Boards - essential for guiding long-term sporting decisions and fostering cross-departmental alignment - are largely missing across Clubs. This results in ad hoc decision-making and limited strategic oversight.

### 2. Lack of a Dedicated Sporting Director Role

In most of the Clubs assessed, the Sporting Director role is non-existent. This leaves a critical leadership gap in overseeing the sporting strategy and aligning the Academy, recruitment, and 1<sup>st</sup> Team.

### 3. Sporting Oversight Centralised in 1<sup>st</sup> Team Manager

In the absence of a Sporting Director, all technical and strategic responsibilities fall to the 1<sup>st</sup> Team manager. This creates a high-risk, short-term approach that neglects long-term development priorities.

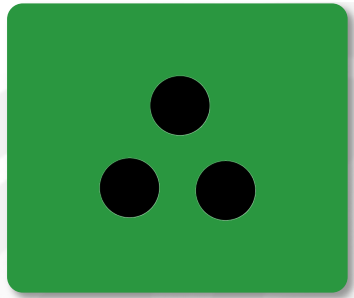
### 4. Lack of Role Clarity Across Football Functions

Across many Clubs, football-related roles - such as Academy Director, Head of Coaching, and Player Welfare Lead - are defined informally or not at all. The absence of clear job descriptions leads to overlapping responsibilities, inconsistent expectations, and operational inefficiencies.



# ORGANISATION

## *RECOMMENDATIONS*



### 1. Establish Technical Boards for Strategic Oversight

To guide long-term sporting decisions, Clubs would benefit from forming Technical Boards composed of representatives from the Academy, 1<sup>st</sup> Team, recruitment, and performance departments. These boards can serve as a forum for strategic alignment and cross-functional collaboration.

### 2. Define and Promote the Sporting Director Role

Introducing a dedicated Sporting Director role can provide the strategic leadership needed to align the Academy, recruitment, and 1<sup>st</sup> Team. This role should be clearly defined, with authority to oversee sporting operations and drive long-term development.

### 3. Standardise and Communicate Role Definitions

Introducing formal job descriptions for key football roles can help clarify responsibilities, improve accountability, and support staff development.







# PEOPLE

This dimension explores the efforts of the Academy in providing a highly professional working and learning environment for staff members. How is staff performance monitored and evaluated?  
What development opportunities are provided to Academy staff?





# PEOPLE

## KEY FINDINGS



### 1. Predominantly Volunteer-Based Workforce

The majority of Academy Staff operate on a voluntary basis or receive an expensed-based financial compensation. This model limits long-term commitment, professionalisation, and performance accountability.

### 2. Unstructured Recruitment and Selection

Recruitment for football-related roles is largely informal, with no clear strategy or designated responsibility. Selection processes often rely on personal networks or availability rather than defined criteria or long-term planning.

### 3. Limited Internal Coach Development

Internal educational pathways are either informal or non-existent. There is little investment in structured in-house training to support the growth and progression of Academy staff.

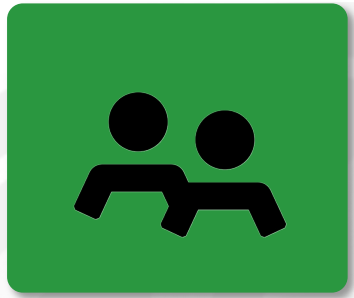
### 4. Informal Performance Evaluation Practices

Performance reviews, where they occur, are typically ad hoc and undocumented. Without a formal framework, staff receive limited feedback, and development opportunities are inconsistently identified or followed up.



# PEOPLE

## *RECOMMENDATIONS*



### 1. **Introduce Structured Recruitment Processes**

Clubs would benefit from implementing basic recruitment protocols, including role profiles, selection criteria, and interview guidelines. Assigning responsibility for recruitment - whether to HR, the Sporting Director, or Academy Manager- can help ensure consistency and strategic alignment.

### 2. **Implement a Performance Evaluation Framework**

Establishing a simple, repeatable evaluation process can support staff development and accountability. This might include annual reviews, goal-setting sessions, and feedback mechanisms tailored to coaching and support roles.

### 3. **Create Incentives to Strengthen Volunteer Retention**

While volunteers remain vital to Club operations, offering modest but meaningful incentives - such as travel stipends, CPD access, or recognition schemes - can help improve retention and performance. Over time, Clubs should explore transitioning key roles into part-time or paid positions where feasible.

### 4. **Develop Internal Learning Pathways for Coaches**

Clubs are encouraged to establish basic internal development structures, such as mentoring systems, peer learning sessions, or in-house workshops. These initiatives can help coaches grow within the Club and reinforce alignment with its playing and coaching philosophy.





# FOOTBALL OPERATIONS

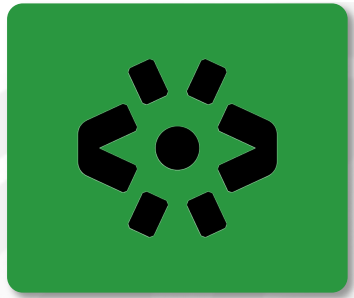
Football Operations includes the specific planning, organisation, communication and process management conducted by the technical staff.

**double pass**



# FOOTBALL OPERATIONS

## *KEY FINDINGS*



### 1. **Missing Strategic Plan in Football Departments**

Most Clubs operate their football departments without a formal strategic plan. This absence results in reactive decision-making, limited long-term direction, and weak alignment between the Academy, 1<sup>st</sup> Team, and recruitment functions.

### 2. **Disconnect Between Academy and 1<sup>st</sup> Team**

Despite physical proximity in some cases, there remains a significant functional and relational gap between Academy operations and the 1<sup>st</sup> Team. This limits alignment in playing style, player progression, and shared objectives.

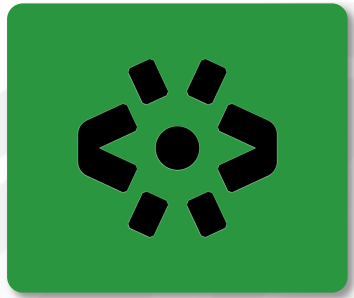
### 3. **Lack of Structured Coordination at Academy Level**

Most Academies operate without a formal meeting structure, reducing opportunities for consistent communication, coordination, and collaborative planning among key staff.



# FOOTBALL OPERATIONS

## *RECOMMENDATIONS*



### 1. **Develop a Football-Specific Strategic Planning Framework**

Clubs should create practical football plans that set clear goals for performance, Player Development, and recruitment, supported by measurable indicators. These plans should help align the Academy, 1<sup>st</sup> Team, and scouting efforts, using a flexible structure that fits the Club's size and resources.

### 2. **Strengthen Academy – 1<sup>st</sup> Team Integration**

Bridging the gap between Academy operations and the 1<sup>st</sup> Team requires more than proximity - it calls for shared planning, aligned playing philosophies, and regular interaction. Clubs may consider joint training sessions, integrated performance reviews, or shared technical frameworks to foster cohesion.

### 3. **Introduce Formal Meeting Structures**

Establishing regular Academy staff meetings can significantly improve communication and planning. Whether weekly or monthly, these sessions should include coaching, medical, and support staff to ensure alignment across all operational areas.







# FOOTBALL PHILOSOPHY

In this section, we look at how the Club DNA and culture translates into a unique Football Philosophy for the Club and Academy. It focuses on the playing style and how this is developed, communicated and implemented.

**double pass**



# FOOTBALL PHILOSOPHY

## *KEY FINDINGS*



### 1. Lack of Shared Football Philosophy

There is no unified or clearly articulated football philosophy connecting the 1<sup>st</sup> Team and the Academy. This disconnect results in misalignment across playing style, training methodology, and player progression pathways.

### 2. Inconsistencies Within the Academy Structure

Teams within the same Academy often operate independently, with limited coordination or shared methodology. This fragmented approach undermines consistency in Player Development and team identity.

### 3. Coaching Based on Individual Beliefs

In the absence of a Club-wide framework, coaches are left to implement their own interpretations of the game. As a result, training sessions and match-day decisions vary significantly from team to team, depending on each coach's personal preferences.



# FOOTBALL PHILOSOPHY

## *KEY FINDINGS*

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### 4. **No Integration Between Boys' and Girls' Programmes**

Technical and philosophical alignment between the boys' and girls' sides is virtually non-existent. This represents a missed opportunity to create cohesive development environments and share resources effectively.

### 5. **Overemphasis on Opposition and Results**

Even at the younger age groups, coaching tends to focus heavily on preparing for weekend matches and countering opponents - often at the expense of long-term development objectives and individual learning.



# FOOTBALL PHILOSOPHY

## *RECOMMENDATIONS*



### 1. Define a Shared Football Philosophy

Support Clubs in shaping a clear football philosophy that links the 1<sup>st</sup> Team and Academy. This shared vision must guide playing style, training methods, and Player Development across all levels.

### 2. Create a Unified Academy Framework

Establishing a coordinated structure within the Academy enables teams to work with shared principles and planning. This improves consistency in coaching and strengthens the Club's identity.

### 3. Standardise Coaching Across Teams

Introducing a common coaching framework (Coaching DNA) ensures that training and match preparation follow the same principles. This reduces differences caused by individual coaching preferences.

### 4. Align Boys' and Girls' Programmes

Bringing boys' and girls' football under the same technical and philosophical umbrella creates a more connected development environment. It also allows for better use of shared resources.



# FOOTBALL PHILOSOPHY

## *RECOMMENDATIONS*

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### 5. **Build a Development-First Culture**

Creating a culture that values player growth over short-term results leads to more sustainable success. This involves setting clear development goals and tracking progress regularly.

### 6. **Operationalise Documents**

Football Philosophy documents must be actively used in coaching, planning, and decision-making. Keeping them updated and involving staff ensures they are useful and applied in practice.

### 7. **Strengthen Coach Engagement and Accountability**

Helping coaches understand and apply the Club's Football Philosophy requires clear communication and training. Setting expectations and following up supports consistent use across teams.







# TEAM DEVELOPMENT

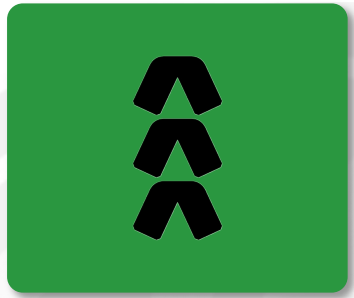
Team Development examines how the football philosophy is translated into a curriculum. Is there an age-appropriate curriculum to inform coaches on what to focus on in the different age groups and how to put this into practice?

**double pass**



# TEAM DEVELOPMENT

## KEY FINDINGS



### 1. Absence of a Club-Wide Curriculum and Periodisation Plan

Most Clubs lack a structured curriculum or long-term periodisation model to guide training content across age groups. This leads to inconsistencies in development pathways and missed opportunities to systematically build key competencies.

### 2. Undefined Learning Objectives per Age Group

Clubs generally do not articulate clear, age-specific learning objectives. This absence limits the ability to tailor content appropriately, track Individual Development, and ensure that training is aligned with long-term progression goals.

### 3. Training Dominated by Match Preparation

Sessions are largely designed around the previous or upcoming game, with limited attention to broader Player Development objectives. This match-centric approach restricts the long-term growth of technical, tactical, and cognitive skills.

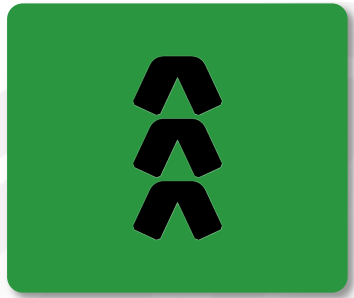
### 4. No Vertical Integration Across Age Groups

There is little to no alignment between age categories when it comes to training content and developmental milestones. Each group tends to operate in isolation, without a progressive learning model guiding the journey from one stage to the next.



# TEAM DEVELOPMENT

## *RECOMMENDATIONS*



### 1. **Introduce a Club-Wide Training Curriculum**

Support Clubs in developing a structured curriculum and long-term periodisation plan that spans all age groups. This provides a clear roadmap for Player Development and helps build core competencies in a consistent way.

### 2. **Define Clear Learning Objectives per Age Group**

Setting specific goals for each age group allows coaches to tailor sessions more effectively and track individual progress. This clarity supports long-term development and helps align expectations across the Club.

### 3. **Balance Match Preparation with Development Goals**

Encouraging Clubs to shift focus from game-specific preparation to broader developmental content will lead to more well-rounded players. Training should regularly include elements that build technical, tactical and cognitive skills over time.

### 4. **Connect Age Groups Through Vertical Integration**

Linking age categories through shared training content and development milestones creates a smoother progression for players. It also ensures that learning builds logically from one stage to the next.







# INDIVIDUAL DEVELOPMENT

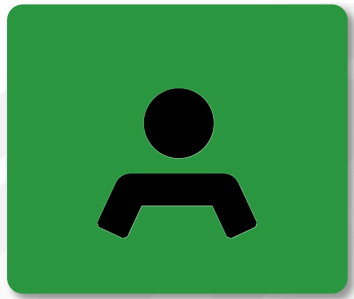
This dimension focuses on the efforts made by the Academy in maximising the football potential of each individual player. How do players receive individual feedback and personal guidance on their performance and progression?

**double pass**



# INDIVIDUAL DEVELOPMENT

## *KEY FINDINGS*



### 1. Individual Player Reviews

In many Clubs, players receive regular individual feedback, two or three times per season, allowing for continuous learning, reflection, and tailored development.

### 2. Limited Focus on Maximizing Player Strengths

A small number of Clubs emphasise turning players' key strengths into "super strengths." The prevailing approach often centres on correcting weaknesses rather than amplifying unique assets that can define a player's future role.

### 3. Poor Execution of Individual Development Plans (IDPs)

Most Clubs have IDPs in place on paper, but they are rarely implemented in practice. The plans lack structure, follow-up, and meaningful integration into weekly routines, diminishing their potential impact.

### 4. Disconnect Between IDPs and Club Philosophy

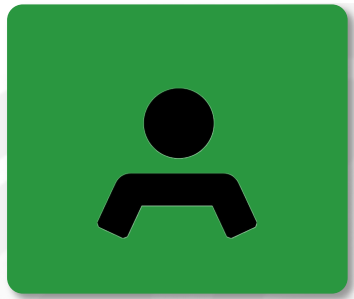
Individual development plans are often generic and not anchored in the Club's overarching Football Philosophy or Player Profile framework. This weakens coherence and alignment across the development system.





# INDIVIDUAL DEVELOPMENT

## *KEY FINDINGS*



### 5. **Limited Culture of Player Ownership and Self-Assessment**

Opportunities for players to reflect on their development and take ownership of their progress are not consistently embedded in the Academy environment. Encouraging self-evaluation and goal setting could help foster a more proactive and engaged learning mindset.

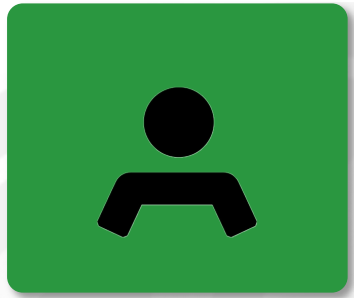
### 6. **Perceived Time Constraints Not Effectively Managed**

Coaches frequently cite lack of time as a barrier to individual development, despite often spending 3–6 hours per week on bus travel. This reveals a missed opportunity to repurpose existing time for reflection, analysis, or one-on-one interactions.



# INDIVIDUAL DEVELOPMENT

## *RECOMMENDATIONS*



### 1. Increase the Frequency of Individual Player Reviews

Encourage Clubs to schedule more frequent one-on-one feedback moments throughout the season, with a suggestion to hold them every 12 weeks for younger age groups, increasing to every 6 weeks for the older ones. More frequent reviews create space for reflection, goal-setting, and continuous development.

### 2. Focus on Developing Player Strengths

Support a shift in coaching mindset towards enhancing what players already do well. By turning key strengths into standout qualities, Clubs can help players define their roles and increase their long-term potential.

### 3. Improve the Use of Individual Development Plans (IDPs)

Help Clubs move beyond having IDPs on paper by embedding them into weekly routines, session planning and delivery, and coaching conversations. A structured approach with regular follow-up makes these plans more meaningful and impactful.

### 4. Connect IDPs to Club Philosophy

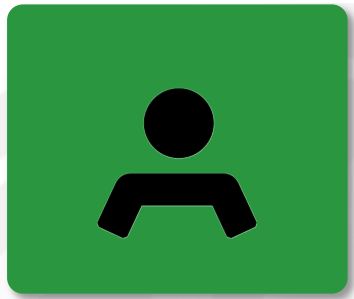
Individual Development Plans should be built around the Club's Football Philosophy and Player Profile framework. This alignment strengthens coherence across the development system and ensures that IDPs support the Club's long-term vision.



# INDIVIDUAL DEVELOPMENT

## *RECOMMENDATIONS*

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### 5. **Make Better Use of Available Time**

Clubs could repurpose existing time - such as travel hours - for Individual Development activities. Reflection, video analysis, or short one-on-one conversations during these moments can add meaningful value without increasing workload.

### 6. **Promote Player Ownership and Self-Assessment**

Support the introduction of tools and routines that help players evaluate their own progress and set personal goals. Empowering players to take charge of their development fosters a more active and engaged learning culture





# TALENT ID & RECRUITMENT

This dimension analyses the Academy's strategy and plans on identifying and recruiting the best available talent for their football programme.<sup>125</sup> How is the process of Talent Identification standardised and put into practice?

**double pass**



# TALENT ID & RECRUITMENT

## *KEY FINDINGS*



### 1. **Lack of Dedicated Talent Identification Staff**

Almost all Clubs operate without specialised personnel for Talent Identification and Scouting. This absence of expertise reduces the ability to systematically monitor and attract promising players.

### 2. **Subjective Recruitment by Academy Staff**

Recruitment responsibilities often fall to Academy Directors and coaches, who make decisions based on personal judgment rather than structured evaluation frameworks, such as Player Profiles. This approach increases the risk of bias and inconsistency.

### 3. **Informal and Network-Driven Processes**

Talent Identification tends to rely on personal networks, word-of-mouth, or chance observations rather than a structured and proactive scouting system. This ad hoc approach limits both reach and reliability.

### 4. **Guarantee of Comprehensive Talent Discovery**

Given the lack of structure, Clubs cannot ensure that every promising player is identified and recruited. This undermines both the Academy pipeline and the long-term competitiveness of Clubs.





# TALENT ID & RECRUITMENT

## *RECOMMENDATIONS*



### 1. **Ensure Comprehensive Talent Discovery**

Creating dedicated scouting roles within Clubs helps make Talent Identification a focused and consistent part of football operations. When scouting is treated as a specialised responsibility, Clubs can better track and evaluate players over time.

### 2. **Develop Formal Scouting Systems**

Replacing informal, word-of-mouth scouting with organised systems allows Clubs to actively search for talent rather than waiting to hear about it, reducing chances of missing promising players.

### 3. **Invest in Scout and Recruitment Staff Education**

Professionalising the scouting function requires targeted education for both scouts and heads of recruitment. Equipping staff with the knowledge, tools, and evaluation frameworks needed for modern Talent Identification strengthens the quality and consistency of recruitment across the football ecosystem.

### 4. **Link Recruitment to Player Profiles**

Recruitment works best when it's guided by clear Player Profiles that reflect the Club's playing style and values. This makes it easier to identify players who fit the team and contribute to its future direction.





# HEALTH & PERFORMANCE

The dimension examines the Academy's approach to improve players' fitness levels and to ensure that they are healthy and ready to perform. Are there medical and performance professionals available to supervise these processes?

**double pass**



# HEALTH & PERFORMANCE

## *KEY FINDINGS*



### 1. Lack of Strategic Staffing and Direction

H&P departments often lack dedicated, qualified staff and operate without a clear strategic framework. This absence of structure undermines consistency and long-term progress in physical development.

### 2. Narrow Focus on Physical Preparation

The current approach to H&P in most Clubs remains largely limited to strength and conditioning, with minimal integration of broader performance pillars such as injury prevention, recovery, nutrition, or mental resilience.

### 3. Limited Screening and Testing

Basic physical screenings and fitness tests are conducted infrequently. This limits the ability to track development trends, identify risk factors, or personalise training loads.

### 4. Health and Performance Services Often Outsourced

Many Clubs rely on external providers to support their health and performance programmes. This includes areas such as physical testing, injury follow-up, and matchday or training session support, reflecting a decentralised approach to Player Care and performance monitoring.



# HEALTH & PERFORMANCE

## *KEY FINDINGS*



### 5. Minimal Gym Exposure

Most teams allocate only one gym session per week. This low frequency constrains players' ability to build the physical robustness required for long-term progression and transition to elite-level performance.

### 6. Insufficient Weekly Training Volume

With typical training schedules consisting of only 2–3 field sessions and one gym session per week, the overall training volume falls short of the level needed for optimal physical and technical development.

### 7. No Integration with Curriculum or Periodization

Performance objectives are not clearly mapped or aligned with the Club's Football Curriculum or Periodisation. This disconnect leads to missed synergies between technical-tactical development and physical conditioning



# HEALTH & PERFORMANCE

## *RECOMMENDATIONS*



### 1. Strengthen Staffing and Strategic Direction

H&P departments need qualified staff and a structure so that Clubs can build more consistent and effective development programmes. We also refer to the suggestion in 'Staffing' to collaborate with Universities.

### 2. Broaden the Scope of Performance Support

H&P should go beyond strength and conditioning to include injury prevention, recovery, nutrition, and mental resilience. A more complete approach helps players stay fit, recover faster, and perform better over time.

### 3. Increase the Frequency of Screening and Testing

Regular physical assessments - carried out multiple times per season - allow Clubs to track progress, spot risks early, and adjust training to individual needs, making development more targeted and safer.

### 4. Develop In-House Health and Performance Capacity

Establish a dedicated Health & Performance department to centralise physical testing, injury management, and training support. Building internal expertise not only improves continuity of care and collaboration with coaching staff but also enhances data consistency and accessibility - enabling more effective tracking, analysis, and decision-making across the Player Pathway.





# HEALTH & PERFORMANCE

## *RECOMMENDATIONS*



### 5. **Raise Gym Exposure Across Teams**

Increase the frequency and consistency of gym sessions across all age groups to support comprehensive physical development. Beyond building strength, regular exposure enhances mobility, injury prevention, endurance, and overall athletic readiness for elite competition.

### 6. **Boost Weekly Training Volume**

To support physical and technical development, training schedules should include more field and gym sessions. A higher weekly volume gives players the repetition and intensity needed to improve.

### 7. **Connect Performance Goals to Football Planning**

Physical development should be linked to the Club's football curriculum and periodisation. Aligning these areas helps coaches and performance staff work together and get the most out of each training cycle.





# PLAYER CARE

This dimension examines the Academy's engagement in the personal development and welfare of players. How are Academy players being prepared for a career on and off the pitch. How does the Academy support their players in combining elite football with their school studies?



# PLAYER CARE

## KEY FINDINGS



### 1. Minimal Support Structures Beyond Welfare Officer

While all Clubs have appointed a designated Welfare Officer, broader support systems for player welfare and safeguarding are largely absent. There is a lack of multidisciplinary teams or integrated care networks to address players' wider needs.

### 2. Strong Links to the Community

Many Clubs maintain close ties with their local communities, offering players a sense of belonging and connection. These relationships create a supportive environment that reinforces identity and values beyond the pitch.

### 3. Foundational Safeguarding in Place

Basic elements such as codes of conduct and child protection policies are in place, forming a necessary compliance foundation. Still, these procedures are often treated as standalone requirements rather than part of a broader safeguarding culture.

### 4. Limited Support for Personal Development

While many Clubs maintain strong community ties, structured programmes that support players' personal growth remain largely absent. Areas such as psychological wellbeing, academic support, life skills, and preparation for life beyond football are often overlooked, leaving players without the tools to develop off the pitch.



# PLAYER CARE

## *KEY FINDINGS*

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### 5. Absence of Proactive Wellbeing Activities

Few, if any, proactive initiatives are in place to regularly monitor or support the wellbeing of players. Activities such as regular check-ins, mental health workshops, or peer support groups are missing from the current Academy environment.



# PLAYER CARE

## *RECOMMENDATIONS*



### 1. **Expand Support Structures Around Player Welfare**

Beyond appointing a Welfare Officer, Clubs need broader systems that include multidisciplinary teams and integrated care networks. These structures help address the wider needs of players, from safeguarding to emotional and social support.

### 2. **Embed Safeguarding into Club Culture**

While basic policies like codes of conduct and child protection are in place, safeguarding must go beyond compliance. Embedding these principles into daily routines and decision-making helps create a safer and more supportive environment.

### 3. **Strengthen Personal Development Pathways**

Structured programmes focused on personal growth - such as mental wellbeing, education, life skills, and career planning - should be part of every Club's Player Care Strategy. Supporting players off the pitch is essential for long-term development and wellbeing.







# PRACTICE ON FIELD

This dimension explores the Academy's philosophy and approach for teaching and coaching young players. Is there a preferred methodology and coaching style to translate football theory into practice?

**double pass**



# PRACTICE ON FIELD

## KEY FINDINGS



### 1. Session DNA Lacks Structure and Alignment

Session planning across teams is largely informal and guided by individual coaching preferences, with few shared tools or frameworks in place. In the absence of a documented session structure and a unified Football Philosophy, training formats vary widely, limiting consistency, innovation, and alignment with long-term development goals.

### 2. Individual Plans Not Embedded

While individual development plans (IDPs) are in place and players often receive personal encouragement during training, there is limited evidence that session design and coaching consistently reflect each player's specific development goals. Although moments of individual attention are present, these are not yet systematically aligned with the objectives outlined in the IDPs.

### 3. Coaching Without a Shared Framework (Coaching DNA)

Coaches provide positive reinforcement and support, yet there is no formal Coaching DNA to unify behaviour, feedback style, or delivery. This creates variability in coaching quality and messaging.

### 4. Limited Training Contact Time

Players across all age groups experience insufficient training hours. The restricted contact time limits opportunities for skill development and tactical growth.



# PRACTICE ON FIELD

## *KEY FINDINGS*

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### 5. Player-to-Coach Ratio Misrepresented

On paper, the player-to-coach ratio appears healthy due to a large pool of volunteer coaches. In practice, sessions are often run by fewer staff, reducing individual attention and stretching coaching capacity.



# PRACTICE ON FIELD

## *RECOMMENDATIONS*



### 1. Establish a Structured Session DNA Framework

To improve consistency and alignment across teams, we recommend developing a documented framework for session planning that reflects the Club's Football Philosophy and long-term development goals. Providing coaches with shared tools and guidelines will help move beyond traditional formats and ensure that training sessions contribute meaningfully to a unified Playing Identity.

### 2. Integrate Individual Plans into Training

To better support player growth, we recommend more deliberate integration of individual development plans (IDPs) into weekly training routines. This includes designing sessions and coaching strategies that more directly reflect each player's specific development objectives. Providing coaches with the time, tools, and guidance to tailor exercises will help ensure that personal goals are consistently addressed throughout training.

### 3. Implement a Club-Wide Coaching Framework

Introduce a Coaching DNA that defines expected behaviours, feedback styles, and session conduct. This will unify coaching approaches and strengthen player messaging.

### 4. Increase Training Contact Time

Review scheduling and resource allocation to expand training hours across all age groups. Greater contact time will support deeper learning and more effective development.



# PRACTICE ON FIELD

## *RECOMMENDATIONS*

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### 5. Clarify and Optimise Coach Deployment

Audit actual coach presence during sessions and adjust planning to reflect realistic ratios. Ensure that volunteer coaches are effectively integrated and supported to reduce strain on lead coaches.







# DATA ANALYTICS

This dimension explores the Club's approach to Data Analytics. It examines the tools and methodologies employed to ensure that data-driven decisions enhance the Club's overall success.



# DATA ANALYTICS

## *KEY FINDINGS*



### 1. **Limited Use of Individual Video Feedback**

While tools like Veo and Hudl are commonly used, video analysis is primarily conducted at the team level. Players rarely receive individual clips, which limits opportunities for personalised reflection and targeted improvement.

### 2. **Fragmented Use of Session Planning Tools**

Although FAI Licensed coaches have access to Session Planner through their Coach Education pathway, there is no shared platform adopted across all teams for session and match preparation. This leads to fragmented workflows and inconsistent standards, as not all coaches use the same tools or follow a unified approach.

### 3. **Absence of a Centralised Video Library**

There is no shared library of video clips or reviews to support team and Individual Development. Coaches lack access to curated examples or past footage that could enhance learning and reinforce key concepts.

### 4. **Limited Training and Game Evaluations**

Training and match performances are rarely evaluated in a structured way. While occasional reviews may occur at team level, there is little to no consistent evaluation at the individual player level, limiting opportunities for targeted feedback and development.



# DATA ANALYTICS

## *KEY FINDINGS*

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### 5. Decentralised Management of Health and Performance Data

Health & Performance data is primarily stored in Excel and managed externally, while structured evaluations of training and matches - especially at the individual level - are rarely conducted. The absence of a Club-driven platform limits consistency, accessibility, and the ability to track Player Development through integrated data and feedback.



# DATA ANALYTICS

## *RECOMMENDATIONS*



### 1. **Introduce Individualised Video Feedback**

Expand the use of existing video tools to include individual player clips and personalised reviews. This will support reflective learning and allow players to better understand their performance in context.

### 2. **Implement a Shared Preparation Platform**

Adopt a centralised software solution for session and game planning. A shared platform will streamline preparation, promote collaboration, and ensure alignment with Club-wide objectives.

### 3. **Develop a Club Video Library**

Create a structured video archive with tagged clips for both Team - and Individual Development. This resource will serve as a reference point for coaches and players, supporting consistent messaging and long-term learning.

### 4. **Establish a Centralised Player Development Platform**

Introduce a Club-managed system that integrates individual training and game evaluations with health and performance data. This will enable consistent feedback, improve data accessibility, and support long-term player development through structured analysis.



# COLOPHON

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# LOI ACADEMY **GLOBAL FINDINGS REPORT**

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